



The Catholic Women's League of Canada

# SPECTRUM

**Spring 2017**

Newsletter of the Hamilton Diocesan Council  
[www.cwl.hamilton.on.ca](http://www.cwl.hamilton.on.ca)





Hamilton Diocesan Council  
The Catholic Women's League of Canada



INSPIRED BY THE SPIRIT  
WOMEN RESPOND TO GOD'S CALL

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From the Editor

Welcome to the spring edition of the SPECTRUM. It's an election year!

The SPECTRUM allows the diocesan executive to keep you up to date on happenings throughout the diocese, provincial and national offices of the Catholic Women's League. It also provides you with the opportunity to share your good works, milestones and awards of your council with your league sisters. Thank you to the councils who made submissions.

Included in this edition of the SPECTRUM are three sections of particular interest to you:

1. Diocesan executive reports
2. Frances Lovering Award information – does your council have a worthy recipient to nominate?
3. Convention information

The deadline for the fall issue is **July 31, 2017**.

Please use *Calibri 12 font*, and make sure you include the information of your parish council, municipality, and a contact person.

Until you are further advised, you may end your submissions to me at:

[kristinepaul@rogers.com](mailto:kristinepaul@rogers.com)

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**DIOCESAN PRESIDENT**

Dear Sisters in the League:

National is encouraging all to participate in the 100<sup>th</sup> anniversary logo competition. Come up with a logo to be used in all materials dealing with 100<sup>th</sup> anniversary or members are offered the opportunity to participate in the lap quilt/blanket challenge. The quilt size would vary, being large enough to fit over your body and legs to keep cozy and can be made for a child, woman or man. The challenge is to create 100 quilts across Canada to celebrate the upcoming 100<sup>th</sup> anniversary and the big challenge is to create at least one lap quilt per council. A prayer service could be used during the "12 Hours of Prayer for Palliative Care" on May 4, 2017 related to the distribution of lap quilts. "I was cold and you warmed me; I was sick and you visited me; I was alone and you wrapped me in love" ...anything is possible.

The "12 Hours of Prayer for Palliative Care" is a time when councils and member across the country call upon the power of prayer to ensure the government provides palliative care to all Canadians who need it, for the government to identify palliative care as an insured health service covered under the Canada Health Act and to have government develop a national strategy for uniform standards and delivery of palliative care. The 12 Hours of Prayer can take place in churches, homes, local hospices or wherever members are. Invite parishioners, Knights of Columbus and youth to lead an hour of prayer. Invite neighbouring parishes and other faith communities. Offer refreshments and take a free-will offering for a local hospice or palliative care centre. Join councils across Canada in observing May 4<sup>th</sup>, the League's special day of prayer for palliative care.

For the 500<sup>th</sup> Anniversary of the Lutheran Reformation in 2017, Pope Francis formed a Lutheran-Catholic commission to further unity between the two churches and encourage steps for Christian accord. Thanks to Peggy Dietrich and Our Lady of Lourdes CWL in Waterloo for introducing the idea of the Luther Rose Proposal. In honour of the Pope's commission and because the emblem of the Lutheran Church is a Luther Rose with a white rose as the base to symbolize purity, the Catholic Women's League Council of Our Lady of Lourdes parish in Waterloo proposes that:

*In the spring of 2017, each CWL council plants a white rose bush in the garden of their Catholic church and invites members of the women's groups of a local Lutheran Church to a planting ceremony followed by a time of refreshments and fellowship as a simple living gesture to enhance the relationship between the two Christian churches.*



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*In addition, presenting a blue perennial, symbolizing Our Lady, to the Lutheran church would enhance the relationship.*

Finally, the Vocations Mass this year will be hosted by Blessed Sacrament in Burford on Sunday, September 17<sup>th</sup> at 1 p.m.

So mark your calendars and plan to participate in all or some of the above and may Our Lady of Good Counsel continue to guide you in all you do for God and Canada.

*Ana Sousa*

Hamilton Diocesan President  
[amsousa@rogers.com](mailto:amsousa@rogers.com)

**Your friendship with others is not to be taken lightly. You are changing the direction of your friends' lives, for better or for worse. Sooner or later, we all rise or fall to the level of our friendships**



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**PAST PRESIDENT AND HISTORIAN**

Dear Sisters in the League;

It is the beginning of a brand new calendar year. A very healthy, happy, productive New Year to all councils. You will be planning your activities or have planned your activities for the next few months. Please include attendance at the Spring Regional meeting and especially the Diocesan convention. This is an election year. All members are welcome; these meetings are open to all members.

Many councils may have held elections for this year; so welcome to all new executive members as well as returning members. The duties for all offices can be found on the national web site and in the Executive Handbook, the Constitution & Bylaws, the national Policy & Procedure Manual. Check with your predecessor. Remember the diocesan council executive are always happy to answer questions, visit councils, present workshops. Check out the national web site for workshops that are available to download.

'PAST PRESIDENTS' you are now your council's mentor as well as a role model. It is your job to offer guidance and assistance when asked. As past president, you need to be supportive of new members/executive and remember the days when you were new. Help new comers with the references, projects and procedures so they become better acquainted with the League. Encourage renewal every two years; encourage women to "serve" by being there for them when they say "yes". Celebrate your council's accomplishments. Send your good news to provincial and national for their web sites. And of course continue to make sure your archives are up-to-date.

At the back of the fall issue of The League magazine is an Organization Chart of the League. It may be a very useful tool for many people rather than the circle diagram to explain The League organization.

The new national theme "*Inspired by the Spirit, Women Respond to God's call*" began in January.

In the fall 2016 issue of The Canadian League magazine, our new national president, Margaret Ann Jacobs writes of her vision for the League. Re-read her article or read it if you haven't yet. You will be inspired by her ideas.



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Pauline Krupa, Ontario provincial president shares some thoughts on the new national theme in "Pauline's Ponderings" in the December 2016 on-line newsletter (provincial web site-cwl.on.ca). New theme Prayer Cards are available from national promotional materials.

By the time you read this article, the elections package will have been mailed. I, as past president should also have received the replies from the eligible members who have said "YES" to the call to serve the diocese. There are many reasons for not being able to serve at this time and I wish all women well. And "Thank You" and "God Bless"!

In March, all parish councils will receive their elections package. It will contain a list of candidates willing to stand for the offices of the diocesan executive as well as their resumes. Please study the resumes, pray on your decision so that you make wise choices. Presidents, you will need to fill out your nomination forms (3 copies) and return the two white copies to the Elections Chairperson/Past President and keep the blue copy safe so you may bring it to the Diocesan Convention on May 28, 2017 for the instructed vote to elect a new diocesan council.

May Our Lady of Good Counsel continue to bless in your work for God, Canada and the League.

Blessings and Hugs,

*Anna Brady*

Anna M Brady

Hamilton Diocesan Past President & Historian

philpop58@aol.com

*"Lord, help me to remember that nothing is going to happen to me today that You and I can't handle"*



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## **ORGANIZATION**

Dear Sisters in the League,

The strength of our League is in its' membership. Your small yearly fee is an opportunity to get involved with the largest national organization of Catholic women in Canada, which can offer you personal development and networking.

The Catholic Women's League faces some of the most common challenges of any organization - declining membership, the inability to attract new members and a shortage of women willing to take on leadership roles.

Personal contact continues to be the most popular and effective method of recruiting members. Post a calendar of your events on the parish website and regularly post upcoming events in your parish bulletin. Challenge each member of your council to ask one Catholic woman in your parish to become a member of the Catholic Women's League. Perhaps offer them a gift membership for their birthday /Christmas. Every one of us has friends! Do you have a friend that does not belong to the League? Ask – every new member can make a difference. Follow up with long serving members who have not renewed their membership to ensure they are not forgotten. Maybe there is a family friend that can make sure that their membership is renewed and determine if there is some way the council can be of assistance to them. Remember those members who are ill or in nursing homes or have no means to keep up their membership. Have you considered covering their costs? You could be a membership angel!

The Hamilton Diocesan membership decreased from 9551 in 2015 to 9170 in 2016. We all need to reach out in our parishes.

We should also try to recruit younger members to our councils to ensure the sustainability of our organization. Many young women today have full time careers, as well as raising families. How can we ask them to give up more of their time to our organization when there are already so many demands on their time? Try to breakdown some of the tasks within your council. Consider co-positions to share duties and invite them to attend even 1 or 2 meetings a year to foster their curiosity of our organization. We need members of all ages to maintain our league and celebrate this diversity in perspective and all it can bring to our councils.

“In order to help stimulate growth and develop the skills, talents and personal potential of all members, it is important to provide opportunities for personal growth. Great League members do not just happen; they must be encouraged, trained, helped and supported. Councils at all levels should plan orientation programs, which would include information on Catholic Women's League policy and objects, programs offered by the Catholic Women's League and the needs of their council. Every council needs a defined spiritual program for development of its members.” Handbook for Organization Chairpersons.





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The regional meetings in the spring and fall, as well as the annual Diocesan convention offer learning opportunities for our members.

Councils are encouraged to host leadership development days, workshops or training sessions. Why not hold a workshop to give members confidence to assume positions of leadership? The Diocesan executive is here to help. Please ask!

Funding is available to assist with these development days through the National Development Funds. All councils are eligible to apply once a year. Requests for funding will be evaluated on an individual basis by diocesan, provincial and national presidents and the national chairperson of organization as outlined on the application form. You can find criteria, application and evaluation forms on the National Catholics Women's League website [www.cwl.ca](http://www.cwl.ca)

Are you looking to rejuvenate your members? There are many wonderful workshops that have been developed and are available for councils to use. Why not ask a neighboring council to join you? These workshops can also be found on the national website.

League resources are available at all levels. Many councils use The Canadian League magazine as a handy tool to stay abreast of the current happenings at the National level. What if you designated one member to retrieve material from the website to be used at your monthly meetings? The League has amazing resources that can be easily accessed, adapted, streamlined and used in your council. The Resource List is available from national office and can also be found on the League's website [www.cwl.ca](http://www.cwl.ca)

Life members are an important resource. They have held many positions including past diocesan president and know our league well. The information and support they give is very valuable. Why not reach out to them to answer your questions or with an invitation to attend your meetings and functions?

#### Anniversary Celebrations –

“Introduced in 1988, the council anniversary certificate is awarded by diocesan councils to parish councils in recognition of years of service.” National Manual of Policy and Procedure.  
For most councils, it is just a matter of looking at their charter to review their date of inception. If your council may have had a year when membership dues were not collected for one reason or another, I encourage you to check with national office to ensure that the years of service are the same before you begin planning your anniversary celebration. The national office has a file folder for every council in the organization.

It is important to celebrate your milestones!

The Catholic Women's League could be so much more. It just needs to share what it is already great at- spirituality, social connection and service. We are all about faith, fun and fellowship!



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I hope we will try new things, reach out to new people and help strengthen one another in the call we have received since the day of our baptism.

May our Lady of Good Counsel journey with us as we serve God and Canada.

Joan Schurter  
Hamilton Diocesan President-Elect/Organization

**What are your talents?  
What are you really good at?  
How is God calling you to make the world and the Church  
better through those talents?**



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## **SPIRITUAL DEVELOPMENT**

Blessings to you all!

***“The Holy Spirit transforms and renews us, creates harmony and unity, and gives us courage and joy for mission.”*** Pope Francis

We begin this new year with a new National theme:

### **Inspired by the Spirit Women Respond to God's Call**

The Holy Spirit symbolized by the dove comes down upon Jesus and remains in Him as the Spirit does in the purified hearts of all the baptized; the cloud and light occur together as the manifestation of the Holy Spirit in scripture; the rays of light illuminate the seven gifts the Spirit offers; the fire resting on the heads of the disciples symbolizes the transforming energy of the Holy Spirit's actions; the 11 disciples represent members from every province, territory and military ordinariate and are inspired by the Spirit with arms raised responding to God's call with joyful service; and the cross, anchor and heart represent faith, hope and love – the foundation of Christian moral activity.

This theme offers us a wonderful opportunity to further explore and celebrate our faith. Let us ponder in our hearts and discern how we are called to live our response.

### **Book of Life**

Thank you for all your hard work on ensuring the Diocesan Book of Life is as accurate as possible. Please continue to inform National and the Diocesan Spiritual Development Chair of any deceased member in a timely manner. The quarterly reports are a good way to compare notes with other League levels so continue with your reports.

### **Spiritual Growth of Members**

12 Hours of Prayer for Palliative Care” will occur on May 4, 2017. It is important to continue to pray for palliative care in light of recent laws regarding the sanctity of human life.

**“Let us not underestimate the power of so many voices united in prayer.”** Pope Francis

What does our Catechism teach us about the Holy Spirit? Let's receive inspiration from the Holy Spirit by reading our Catechism of the Catholic Church (CCC) with expectant faith of being





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filled with His Spirit. Begin by reading Chapter Three – I Believe in the Holy Spirit, paragraphs 683 to 747. Next, read Article 7, The Virtues, paragraphs 1803 to 1832. Ponder these readings in your heart, and spend quiet time in prayer with the Holy Spirit.

[http://www.vatican.va/archive/ENG0015/\\_INDEX.HTM](http://www.vatican.va/archive/ENG0015/_INDEX.HTM)

**Suggested activities/resources**

a) Host a prayer service:

*The Seven Gifts of the Holy Spirit Prayer Service* has been gifted to the League from Ontario Provincial Spiritual Development sub-committee member Verna Lynn Bergeron. It includes the facilitator's notes, participant's hand out and a hand out on the seven gifts. It has been sent to the Regional chairs but can also be downloaded on [www.cwl.on.ca](http://www.cwl.on.ca).

b) Daily Retreat

Encourage your members to use the 3 minute retreat at this site: <http://www.loyolapress.com/3-minute-retreats-daily-online-prayer>

c) Read a Good Book Lately

Recommended books:

***The Mystery of the Divine Indwelling*** (prepared by the spiritual directors of The Upper Room Home of Prayer, [www.theupperroomhomeofprayer.org](http://www.theupperroomhomeofprayer.org) contact Sr. Rosemary O'Toole at [upperroom@sympatico.ca](mailto:upperroom@sympatico.ca)

***Women of the New Testament: Their Lives, Our Hope*** by Pia Septien

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***Oremus, Let Us Pray – Come Close to God in Daily Prayer*** (available on-line at [www.letuspray2013.com](http://www.letuspray2013.com)) This powerful prayer book includes Prayers to the Holy Spirit; Prayers to Mary, The Mother of God; Prayers to Saint Joseph; Prayers to the Angels; Prayers to the Saints; and Reflections on the Liturgical Celebrations of the Eucharist.

***Mercy's Gaze 100 Readings from Scripture and the Diary of St. Faustina*** by Vinny Flynn. Passages from St. Faustina's Diary are paralleled with Scripture. This is intended for daily prayer and reflection, pondering His message and trusting in Him.



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d) Spend Time in Reflection

Reflect on the new theme logo and prayer

Reflect on the tradition of Lectio Divina –the reading of Sacred Scripture accompanied by prayer brings about that intimate dialogue in which the person reading hears God who is speaking, and in praying, responds to him with trusting openness of heart

Resources for Prayers:

Worship (Blessing and Adoration); Petition; Intercession; Thanksgiving; and Praise

Litany of Prayers <http://prayers.viarosa.com>

Catholic Prayers <http://www.xavier.edu/jesuitresource/online-resources/>

Teachings <http://ewtn.com/faith/teachings/index.asp>

e) Guest Speaker Ideas

Bring in a speaker to tell his/her story of coming to the realization of God within.

<http://jesuits.org/spirituality>

<http://www.ourladyofamerica.com/whatsnew/TheDivineIndwelling.pdf>

***“The Holy Spirit, in the variety of his gifts, unites us and enables us to contribute to the building up of the Church in holiness. In this great work, each of us has a part to play; each of us is a “living stone”; is needed for the growth and the beauty of God’s holy temple. Let us ask the Lord to help us to take an ever more active part in the Church’s life and mission, guided by the Holy Spirit and with Jesus as our cornerstone.” Pope Francis***

You are the light of Christ. Let your light shine.

Joyce Cotter

Diocesan Spiritual Development Chair



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## COMMUNITY LIFE

As we look forward to Spring I give a warm welcome to all new and returning committee chairs.

Under the Community Life Committee you are reminded that we as Catholic Women are called to act upon five areas.

### **Dignity & Rights of Persons**

*It is our responsibility, as Christian women and members of a national organization, to play an active role in opposing discrimination wherever and in whatever form it appears.*

### **Social & Economic Justice**

*We must be active in making sure the most vulnerable members in our society are protected with love and justice.*

### **Refugee, Immigration & Citizenship**

*Canada and the League have a long standing tradition of welcoming new citizens.*

### **Canadian Catholic Organization for Development and Peace**

*CCODP is Canada's official Catholic overseas development organization, launched by the CCCB.*

### **Developing Countries**

*To help a family become economically independent is to help a community become economically independent.*

The *italic*, I copied and pasted, from the Executive Handbook. There is more information as to the duties of the Chairperson in this handbook which can be found on the National website under resources – manuals.

The new National theme for the next two years is **“Inspired by the Spirit, Women Respond to God's Call”** As stated by the National Chairperson of Community Life, Betty Colaneri in the Winter 2017 Canadian League. “The theme conveys what members have been doing all these years. Helping those in need”.

We as Catholic Women can make a difference through prayers and compassion at home and aboard.

Mary Clark Community Life Chair



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**CHRISTIAN FAMILY LIFE**

This last segment of Christian Family Life focuses on Ministry to youth, the disabled, widowed, seniors, separated and divorced. In our home parishes, we meet and chat with some of these people at Mass, but how can we help them in their everyday lives. We need to show compassion by reaching out and offering assistance in many ways: babysitting, inviting them to council/parish functions, or just lending an ear.

With our seniors, it is important to respond to all their needs: spiritual, psychological, social and physical. We can build on experiences of seniors using their talents and include them in planning. We can learn and share together.

A council/parish is made whole again by the inclusion of all its members, and seniors regain a sense of belonging and self-worth.

We can organize a visiting team, transportation committee, involve seniors in inter-generational projects, and invite them to parish/council programs.

We can give them personal support in time of great change; such as loss of spouse or moving to a nursing home, and provide information where counseling is available. These projects will increase self-esteem, re-involvement with council/parish/community, and an opportunity to share their gifts and be better equipped to deal with a personal crisis.

Our approach should be one of working FOR and WITH seniors. The question is not only, "what can we do for seniors?" but also, "what can we do together?"

Prayerfully yours,

Nancy Morley,  
Christian Family Life

*You were made for mission. It's time to let your light shine.*



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### Beatitudes for Friends of the Aged

**BLESSED** are they who understand my faltering step and palsied hand.

**BLESSED** are they who know that my ears today must strain to catch the things they say.

**BLESSED** are they who seem to know that my eyes are dim and my wits are slow.

**BLESSED** are they who looked away when coffee spilled at the table today.

**BLESSED** are they with a cheery smile who stop to chat for a little while.

**BLESSED** are they who never say, "You've told that story twice today."

**BLESSED** are they who know the ways to bring back memories of yesterdays.

**BLESSED** are they who make it known that I'm loved, respected and not alone.

**BLESSED** are they who know I'm at a loss to find the strength to carry the Cross.

**BLESSED** are they who ease the days on my journey Home in loving ways.





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**Don't be a victim of scams!**

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How many of you are frustrated with annoying phone calls which promise new-found fortunes, gifts, how to make fast and easy money, repair your home, or threaten legal action? I know I am, and I am at my wits end.

Recently, I attended my own council meeting, which hosted a police officer who informed of us various scams. I am sure many of you have received or have heard of someone who has received these calls; some of which can be intimidating.

Often people feel that the scams are just directed toward seniors, but in fact they target us ALL. This list of scams and information to make you aware, because with knowledge comes awareness, and we all must be aware that there are predators who use these scams.

**Mass Marketing**

Scammers may call 50 people simultaneously, and respond to whomever answers first. You answer "hello" several of times, but there is no response on the other end. **Hang up!**

**Phishing**

You receive an email, but you know it is not your friend. It says something like, "*Hi, it's Mary. I made a quick trip out of country, and my passport (or wallet,) has been taken. I need money to get back home. Please help!*" Go to top of the email screen and click on **Junk**. It may then give you a choice. Select **Phishing** — it will be reported. *Delete that email.*

**Lottery/Inheritance**

You receive an email or fax. It says something like you have won a lottery, or have been named as the recipient of a large sum of money. To collect this, you will need to pay money and provide personal details to claim it. **Delete this.** *It is another form of the Phishing scam.*

**Online Shopping — Advanced Fee Scheme — Employment Scam**

You have been selected as a mystery shopper. The scammers send you a cheque for \$300 to purchase items, then they will tell you to return the items and send the refund to them. The problem is this: *the original cheque is fraudulent and now you are out \$300.*

**Car Wrap Advertising Promo**

A company sends out a cheque for the \$300, plus another amount of up to \$2600, to cover the wrapping charges for your car. The victim is instructed to cash the cheque at their bank, keep \$300 and send the remainder to the "wrapping company". Wrappers will arrive at your home within a week, victims are told. The marketing cheques ultimately bounce, and the victim has to



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cover the amount sent off to the scammer. By the time you figure out you were taken, your money is long gone.

**Online Loans**

Scammers ask for your personal information, such as your banking number, and/or your password. *Never do it!*

**Canada Revenue**

You get a phone call, email, or both stating that your taxes are in arrears. Yet you know they have. They tell you, or your lawyer, to call a phone number by a certain date, and they threaten you with court action if you don't pay. *Canada Revenue does not call you, or send emails.*

**Online Dating**

People become emotionally invested, when someone says they are in love with you after a short time, even though they have never met you. They want you to invest in a house with them; they are short on cash for a surgery; or need money for a trip to meet you. "You know that I love you and am good for the money, and will pay you back." So, you send the money and never hear from them again.

**Computer Virus**

An alert flashes on your computer screen: *"There is a virus and to avoid it follow these directions!"* Or, you receive a call saying they are a certified Microsoft technician and they are seeing some strange activity from your computer. They direct you to go onto your computer and they ask to remotely take over your computer, thereby having access to your identity and contacts, and adding a virus to it. *Do not follow either of these directions.*

**Grandparent Scam**

A young person pretending to be a grandchild states, "Hi grandma, it's me (never actually saying who.) I am in some trouble and don't want my parents to know. Can you loan me some money?" If you ask who it is they answer, "It's your favourite grandson. You know who I am." They will want you to send it to an account, or to Western Union. If the young person is not going to say their name, then it is not them. *Hang up on them, and check with the parent(s). Do not send the money.*

**Distraction Theft**

Someone stops you and admires your jewelry while walking down the street. They ask to look at it and quickly swap it for fake jewelry. Just thank them for their compliment and walk away.

**Home Improvement**



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Don't do business with someone who comes to your door. Take the company's information and tell them you'll contact them if you need work done. Be especially wary if the contractor drives a vehicle with no company name and phone number or with out-of-province license plates. *Do not let the person inside your home!*

**Utility Scam**

An agent comes to your door wanting you to show them your utility bill. They record your personal information and off they go.

**Law Firm**

You never can catch what the name of the company — even if you ask them to repeat it. They state, "Someone has been in a recent accident in your home, and they want to be compensated for the injury or loss." *Just hang up.*

**Bank Emails**

You receive an email, supposedly from 'Your Bank', stating that your account will be frozen immediately if you do not contact this email address. Despite it looking real, by using the bank logo, it is not. *Delete as a Phishing email.*

**Religious Door to Door**

This has happened over the years. A person dressed as a nun comes to the door and says she is "... collecting for a poor mission. Can you contribute, and help change the lives of those in need." In fact, there is no mission, and the person has just collected for themselves. This is an easy thing to get caught up in. I know in the past a letter from the bishop has come out at our parishes, or in the paper stating this is a sham.

**Steps to Protect Yourself from Scams**

1. Don't send money to people you do not know.
2. If it is too good to be true, it probably is. (Better Business Bureau motto.)
3. Shred all banking and financial information.
4. Check credit card statements.
5. If a credit card or bank card has been skimmed (a small device which when walking by you can read credit cards, even though they are in your purse or wallet,) let your bank and police know immediately. Purchase a metallic case to hold your cards.
6. Shut down your computers, stop newspaper and mail, unless a family member or neighbour can pick these up while you are away.
7. Don't leave your purse or wallet unattended.
8. Lock your personal items in a locker when at the gym.



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9. Get a credit check through Trans Union or Equifax.
10. If you know that you have been victimized, contact the RCMP Canadian Anti-Fraud Squad.

My friends, these are a handful of schemes that try to take your personal, financial, and not to forget, your emotional life.

If you have a phone that can block the numbers of these scammers, USE IT; however, they may continue to call from a different number. They have many, many numbers that they switch up to call you. Also, if you have some time to waste when you receive a call, just say, "Can you hold one moment so I can get a paper and pen to write this information down?" Place the phone on the counter and walk away. They will eventually hang up.

Bottom line — be aware and conscious of who you are speaking with and NEVER release any personal information or money to anyone via phone or Internet, unless you know the person.

Contact your local police department or RCMP if necessary.

Rosanne Sogan, Ontario Provincial Council  
Christian Family Life Standing Committee Chairperson



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**EDUCATION AND HEALTH**

Dear Sisters in the League,

I have just finished compiling the work all of you have done for my annual report. What an amazing group of women you are! Thank you for all you do for God and Canada.

Education and Health is a HUGE portfolio; so huge that it's easy to feel intimidated and maybe even guilty for "not doing anything." I really want to stress that how much you do is not what matters. Choose what works for you and your council and don't beat yourself up for not doing more. Every little bit helps. Every effort makes a difference. Thirty-nine of ninety-nine councils submitted a report, so if you're feeling overwhelmed, obviously you're not the only one! If yours is a council without an education and health chair – or a chair that feels like she's drowning, I would recommend that you look at ONE education topic and see what you can do and ONE health topic that sounds interesting to a few of you and give it a try.

The reports I did get were so exciting to see. You sent information for everything from helping with school breakfast programs to working to eliminate plastic microbeads in the environment. Many of you help with your parish's RCIA program or your parish school's First Communion program. You visit the sick and shut-ins, and stand outside in October as part of Life Chain. You send out postcards to heighten awareness of mental health issues for our youth and plant gardens to attract pollinating butterflies and bees.

The response for "12 Hours of Prayer for Palliative Care" was very positive and most of you would like to see this as an annual event. Certainly, prayer for the needs of patients, their families, and the health care providers who are involved in palliative care is going to continue to be a very necessary action in these dark days of "Medical Aid in Dying" (MAID). I thank you all for your powerful support.

This is my last Spectrum report to you as the Education and Health chair. We will be holding elections at Convention this year, so this is "good-bye" and "thank you" for your support of the work this committee does (as well as "we'll see" what elections bring).

*Linda Perron*  
Education & Health Chair  
(Linda.CWLoCanada@gmail.com)

*As for me and my house, we will serve the LORD. (Joshua 24:15)*



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**COMMUNICATIONS**

Dear Sisters in the League,

Just recently, I completed my submission for the Diocesan Standing Committee Annual Report for 2016. This year the data was compiled statistically by national from the reports that our councils submitted. I'd like to take the opportunity to share a small portion of my report as I hope you'll find it as eye opening as I did.

39 of 99 councils responded electronically and I was given 2 manual reports. The % noted below is from the 39 councils.

**The Canadian League Magazine**

61% (24) of those reporting rated the Canadian League Magazine as very good or excellent as an educational tool; 51% (20) as a resource for advocacy/action; 56% (22) as a resource for new ideas and 61% (24) as a spiritual resource.

**Media for Evangelization**

41% (16 councils) supported (either financially or by subscription) the following media to assist in their mission to evangelize: CCCB.ca, ETWN, Mass for Shut-ins, National Catholic Broadcasting Council, Salt + Light TV, The Catholic Register or Vision TV.

**Media to Promote the League**

Communication chairs had encouraged members: to visit the CWL on Facebook or Twitter 23.1% (9); to use cwl.ca for current information 74.4% (29); had made use of local media to advertise their council's activities and events 71.8% (28); had organized a telephone committee to invite members to events 56.4% (22); had prepared news releases for their council 25.6% (10); had urged their council to set aside a budget for publicity 12.8% (5)

**Media Evaluation and Promotion of Good Content**

46.2% (18) reported that their council members had been encouraged to monitor media content; 94.9% (37) **had not** expressed an opinion (good or bad) to advertisers, CRTC or internet service providers within the past year

**Media: Newsletter and Bulletins**

38.5% (15 councils) had produced a newsletter; the frequency of the newsletters produced was annually 26.7% (4); quarterly 26.7% (4); every second month 20% (3); monthly 20% (3)



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**Media Relations**

Although 59% (23) **hadn't** worked with the local media for the benefit of the League, 25.6% (10) had invited them to attend an event and 5.1% (2) had sent thank you cards after the council event was published

**Pornography**

20.5% (8) councils had attended a seminar/conference on the topic of pornography; 15.4% had contacted agencies such as Child Pornography Hurts; and 17.9% (7) had reviewed current legislation regarding pornography but 30.8% (12) **had not** taken any additional steps to become aware about the influence that pornography has on children and adults; 38.5% (15) councils **chose not to distribute** the League's Pornography Hurts postcards in 2016; 28.2% (11) distributed the postcards in October and 15.4% (6) distributed the postcards in January

My two year term ends with the upcoming elections which will take place at our Diocesan convention in Kitchener.

The fall Spectrum will be printed by a new editor.

As per our new national theme – May each and everyone of you be inspired by the spirit and as women of the Catholic Women's League of Canada, may you all respond to God's call.

Blessings,

Kristine Paul  
Diocesan Communications Chair

**Loving Father,**

**I come to you today to make myself 100 percent available to you.**

**I lay everything I have and everything I am at your feet.**

**Take what you want to take,**

**And give what you want to give.**

**Command me in all things,**

**I will do whatever you ask me to do.**

**Transform me and transform my life,**

**So that I may become the-very-best-version-of-myself**

**And lead others to you with my life and my love! Amen**





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**RESOLUTIONS**

As I write this I can't believe two years has passed and how much I have learned sitting in this chair. I have had the great opportunity to meet so many of you and watch as you learned along with me about the exact procedures to carry out this important role in the council.

Equally important is the role that we play in keeping education and legislation very close to us. It's like a finely knit fabric that strengthens and stretches to encompass all the good works you do.

As we get ready to head into elections in this next term I remind you to keep a watchful eye on the government and what they are trying to cram through all of their budgets and bills. We all thought wind turbines were safe and clean!

This spring we are bringing back The Effects of Wind Turbines to you for some more of your handy work and to send it off to Provincial and National. You did such a great job with this and brought your hearts along with you. We had great discussion on both sides. Your passion speaks volumes.

I know many of you are just starting up your chairs or are still struggling to fill this position. Please don't worry. It will come. I know some of you are already working on new resolutions and that is great. I can't wait to see what happens. Great things come with prayer and faithfulness.

Take care my friends, and always be ready for the prompting of the Holy Spirit, for where a thought comes from; so is your heart. Resolutions are an action to an inspiration.

Then I heard the voice of the Lord, saying, "Whom shall I send, and who will go for Us?" Then I said, "Here am I. Send me!" Watch it grow.



Laura Grint – Resolutions Chair





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**LEGISLATION**

My dear Sisters in the League,

In this issue of the Spectrum I will focus my report on legislative activity related to recent Catholic Women's League resolutions passed at the national level. In this time of considerable uncertainty and a prevalent societal attitude of increasing lack of respect for the dignity of all human persons it is more important than ever that members continue to propose resolutions that speak to our Catholic values. It is vital that members also follow up with legislators to ensure our efforts receive appropriate and sustained attention and action.

You are undoubtedly aware that properly and compassionately delivered home care can generally help people stay in their own homes longer while reducing the overall costs of health care as compared to institutional settings. Including insured home care in the Canada Health Act is a first step in providing dignity to our aging and ailing population. National Chairperson of Legislation Nancy Simms is the initiator of a petition through the House of Commons website to support Resolution 2016.05. - Amend the Canada Health Act to Include Home Care as an Insured Health Service. She urges all Catholic Women's League members and their families and friends to sign the electronic petition to draw further attention to the need for adequate health care for our fellow citizens while acknowledging the need for financially sustainable alternatives to hospital and institutional care.

Resolution 2016.04 Amend the Canada Health Act to Identify Palliative Care as an Insured Health Service speaks to the second step in the three pronged approach to God's call to care for our brothers and sisters. The good news is that Bill C-277 - An Act providing for the development of a framework on palliative care in Canada – has passed second reading in the House of Commons and has been referred to committee for further study.

The Honourable Jane Cordy, Senator, spoke in the Senate this past October in support universal delivery of palliative care:

"Honourable senators, Margaret Ann Jacobs, National President of the Catholic Women's League of Canada, recently wrote a letter to Health Minister Jane Philpott. In the letter she asks the government "to identify palliative care as an insured health service covered under the Canada Health Act [and] to develop a national strategy for uniform standards and delivery of palliative care as defined by the World Health Organization." I believe this is a reasonable request by the CWL that would benefit all Canadians.



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Hospice palliative care can be provided in places such as a hospital, a residential hospice, at home, or in a long-term care home. We know that most Canadians want hospice palliative care. Unfortunately, fewer than 30 per cent have access to such care. Honourable senators, hospice palliative care should be accessible to all Canadians, no matter where they live in our great country.”

Although this act is only to “provide for the development of a framework on palliative care” it is indeed an indication that palliative care is important to many Canadians and that yet again, the Catholic Women’s League and its’ members are on the forefront of important government advocacy that is really making a difference.

Bill C-268 - Protection of Freedom of Conscience Act (short name) has passed first reading but appears stalled in the House of Commons. This bill seeks to more specifically protect freedom of conscience rights for health care professionals who do not want to participate directly or indirectly in physician assisted death. The proposed legislation prohibits dismissing or not hiring a person based only on a person’s refusal to take part in that activity. A motion was passed at the 2016 National Convention urging provincial councils “to petition their provincial/territorial premiers and appropriate ministers to request that freedom of conscience of healthcare professionals be protected and to ensure the same protection for healthcare institutions...” Now it becomes a task for all members to speak with government representatives to ensure they are aware of your opinion and to see that this important bill does not get lost in the midst of other topics.

Pope Francis describes the love our Lord has for his ailing and dying children in a most beautiful way:

”The way we experience illness and disability is an index of the love we are ready to offer. The way we face suffering and limitation is the measure of our freedom to give meaning to life’s experiences, even when they strike us as meaningless and unmerited. Let us not be disturbed, then, by these tribulations. We know that in weakness we can become strong and receive the grace to fill up what is lacking in the sufferings of Christ for his body, the Church. For that body, in the image of the risen Lord’s own, keeps its wounds, the mark of a hard struggle, but they are wounds transfigured for ever by love.”



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We, as Catholic women, beloved children of God, know that we are called to care for ourselves and our brothers and sisters in the way Jesus taught us, no matter what the law says. And that is such a gift, a gift to be shared!

May God always bless you in all you do for God and Canada

Respectfully submitted,

Catherine Feren, Diocesan Legislation Chair



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**SERVICE AWARDS**

*These awards have been reported since our last issue.*

**Maple Leaf Service Pin**

Rita Rittenhouse	Our Lady of Lourdes	Waterloo
Rosanna Carrozzella	St. Pius X	Brantford
Jenny Rodzen	St. Francis of Assisi	Kitchener
Judith Booth	St. Francis of Assisi	Kitchener

**60 Years of Service**

Rita Schnarr	Our Lady of Lourdes	Waterloo
Dorothy Rosa	Our Lady of Lourdes	Waterloo
Doretta Fritz	Our Lady of Lourdes	Waterloo
Maily Alston	St. Francis of Assisi	Kitchener
Margaret Coffey	St. Francis of Assisi	Kitchener
Irma Seidl	St. Francis of Assisi	Kitchener
Marie Burns	St. Pius X	Brantford
Edna Graham	St. Pius X	Brantford
Florence O'Connell	St. Pius X	Brantford
Georgette Rozon	St. Pius X	Brantford
Mary Vigmond	St. Pius X	Brantford
Florence Camilleri	St. Pius X	Brantford
Mary Kalichuk	St. Pius X	Brantford
Valerie Belowitz	St. Joseph's	Brantford
Patricia Eyzenga	St. Joseph's	Brantford
Frances Gavloski	St. Joseph's	Brantford
Stella Neziol	St. Joseph's	Brantford

**50 Years of Service**

Lillian McInnis	Our Lady of Lourdes	Waterloo
Trudy Haffner	Our Lady of Lourdes	Waterloo



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Ethel Borzas	St. Pius X	Brantford
Pauline Slosse	St. Pius X	Brantford
Mary Walchuk	St. Pius X	Brantford
Adele Baran	St. Joseph's	Brantford
Stefanie Peycha	St. Joseph's	Brantford
Mary Rusin	St. Joseph's	Brantford
Margaret Druar	St. Francis of Assisi	Kitchener
June Yendruck	St. Francis of Assisi	Kitchener

**40 Years of Service**

Mary Clark	St. Mary Immaculate	Elora
Marg Green	St. Mary Immaculate	Elora
Fran Keating	St. Mary Immaculate	Elora
Deanne McKenna	St. Mary Immaculate	Elora
Cathy Glowala	St. Joseph's	Brantford
Frances Parent	St. Joseph's	Brantford
Joanne Varga	St. Joseph's	Brantford
Maria Cabral	St. Francis of Assisi	Kitchener
Helen Keller	St. Francis of Assisi	Kitchener

**30 Years of Service**

Sandy Gdyczynski	St. Joseph's	Brantford
Stella Kilik	St. Joseph's	Brantford
Irena Konikowska	St. Joseph's	Brantford
Lodzia Lojko	St. Joseph's	Brantford
Erica McDonald	St. Joseph's	Brantford
Maria Michniewicz	St. Joseph's	Brantford
Albina Pasek	St. Joseph's	Brantford
Sophie Sroka	St. Joseph's	Brantford
Emily Szuba	St. Joseph's	Brantford
Jadwiga Szymczak	St. Joseph's	Brantford
Mary Zuber	St. Joseph's	Brantford

**25 Years of Service**

Marlene Berardine	St. Mary Immaculate	Elora
Jean McManus	St. Mary Immaculate	Elora
Mary Roden	St. Mary Immaculate	Elora
Susan DeMarchi	St. Pius X	Brantford
Angela Polidori	St. Pius X	Brantford



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Helen Power	St. Pius X	Brantford
Helen Kisiel	St. Joseph's	Brantford
Stanislawa Wator	St. Joseph's	Brantford
Marlene Barna	St. Francis of Assisi	Kitchener
Mary Bergamin	St. Francis of Assisi	Kitchener
Joan Roga	St. Francis of Assisi	Kitchener
Joan Schefter	St. Francis of Assisi	Kitchener
Kay Sweeney	St. Francis of Assisi	Kitchener

**20 Years of Service**

Albina Bar	St. Joseph's	Brantford
Mirosława Jerzyk	St. Joseph's	Brantford
Ela Stypa-Jones	St. Joseph's	Brantford

**10 Years of Service**

April G. Postnikoff	Our Lady of Lourdes	Waterloo
Marilyn Melloul	Our Lady of Lourdes	Waterloo
Sharon McAra	Our Lady of Lourdes	Waterloo
Joan Gray	Our Lady of Lourdes	Waterloo

**5 Years of Service – Spiritual**

**Advisor**

Fr. Tim Hingston	St. Pius X	Brantford
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**Upcoming Centenary Birthdays at St. Francis Xavier, Stoney Creek**

Two long standing members will be celebrating their 100<sup>th</sup> birthdays this summer. Cecilia Ford, who was one of our founding members and has been a member for 82 years will turn 100 on June 13, 2017 and Rose Drotar, who has been a member for 72 years will turn 100 on June 23, 2017. Up until a few years ago, both of them were active members attending many of our functions and even helping out with some of them. Both have served on our council executive and Cecilia was Magazine Convenor for the Diocese at one time.

*Submitted by Carol Pin, Spiritual Chair*



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**Our Lady of the Assumption Parish Council (Elfrida/Binbrook) celebrating 60<sup>th</sup> Anniversary in 2017**

The actual anniversary date is February 7, 2017 and on that date, members were invited to evening mass, followed by Chocolate and Wine Bingo. On Sunday May 28, 2017, there will be a fully catered luncheon in the church hall following the 11:30 a.m. mass to celebrate the anniversary. At that time, we will also recognize those faithful CWL members who will be celebrating their 25<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup> and 60<sup>th</sup> anniversaries with the CWL. At that time, new members will also be acknowledged. Our longest standing CWL member of 77 years will also be recognized.

*submitted by Angela & Gail, co-presidents*

**Brantford St. Joseph's CWL Origin was the Christian Mothers Society**

St. Joseph's Catholic Women's League was founded March 10, 1957 with 20 charter members. These ladies had been members of the Christian Mothers Society previously. That group was formed and held its first meeting October 9, 1955 at the request of Rev. E.J. Gira, Pastor of St. Joseph's Church, Brantford from 1954 until 1971.

The Christian Mothers Society had the same purpose at that time as our present CWL – to give assistance to the Pastor in spiritual and fund-raising matters. Approximately 25 members were present at that inaugural meeting.

The formation of the Society brought together ladies of the Parish on the second Sunday of each month, when they attended mass and received communion in a body. The Society was responsible for the first St. Joseph's tea in March 1956. This event has continued in the years since then as the CWL Spring Tea, which annually commemorates St. Joseph's Day.

The Society also established a hospital visiting committee to assist the Pastor on a weekly basis and they hosted communion breakfasts for the Knights of Columbus. They were likewise involved in many community events sponsored by St. Joseph's Hospital Auxiliary, the Board of Governors, and the Brantford Catholic High School Board. In addition, the Society sponsored dances and teas, the proceeds of which were donated to the Pastor for renovations.

We are very proud of the fact that three of the Christian Mothers Society charter members are still very active in our present CWL – Stella Neziol, who was helpful in this research, Valerie Belowitz and Frances Gavloski. These ladies were all recently presented with their 60 year CWL award pins at a special mass honouring our CWL members in September 2016.

*Submitted by Carol Krempa*





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*God is the glory and joy of each of our departed members whose memory we celebrate. A rose, a symbol of life in Christ, is a symbol for each one.*



**SORBARA, Evlyn Helen** - At Wellington Terrace, Fergus, on Friday, September 16, 2016.

Evlyn H. (White) Sorbara, age 88 years, beloved wife of the late Sam Sorbara (1988).

Dear mother of Michael (Elsie), Patrick (Ruth), Judy (Charles Mitchell), Celia Marie Creary (late Robert Sr.), Paul (Beth), Sonny (Ann Marie) and the late James, the late Peter and the late Cathy Coloutier.

Survived also by thirteen grandchildren, many great-grandchildren, great-great-grandchildren and by many nieces and nephews. Predeceased by a granddaughter Samantha Michelle.

Dear sister of the late Gloria Lancaster (late William) and the late Doreen Peacock (late William). Predeceased by her parents Harold and Gladys White.

Resting at the Gilbert MacIntyre & Son funeral home, Dublin Chapel, 252 Dublin St. N., Guelph, on Sunday, September 18, 2016 from 2-4 and 7-9 p.m. A Vigil for Evlyn will be held at the funeral home on Sunday at 3:00 p.m. The Funeral Mass will be held at **Sacred Heart Church**, 98 Alice St., Guelph, on Monday, September 19, 2016 at 10:00 a.m.

As expressions of sympathy, donations to the Leukemia and Lymphoma Society of Canada or to the Heart and Stroke Foundation of Ontario would be appreciated by the family.

Evlyn was retired from the Guelph General Hospital as Housekeeping Supervisor after many





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dedicated years. She was also very active as a life member of the CWL, joining in 1948, serving on the executive and as president.

The family wish to thank Wellington Terrace, Groves Memorial Community Hospital, Fergus, and Fr. Ken Miskiewicz for the Anointing of the Sick.

Iole Cazzola remembers Evlyn as her mentor and guide for all the years that they worked together for the Catholic Women's League but it's been 20 years since she's been gone from the parish and memories are a bit faded but recently one of those memories came back vividly. I need to point out that Evlyn was a great organizer, who had very good taste and a talent for decorating. One year we decided to do some decorations at the church for Christmas. We purchased some wreaths for the many windows and some metallic gold ribbons to decorate a tree and proceeded to make several bows. Our fingers were pretty sore after a while.

When Christmas came this year and the bows, which are still being used, were just as good as new. Evlyn knew how to make things last.



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**PECAK, Joyce** - Passed away with her daughters by her side on Thursday, November 17, 2016 at Southampton Hospital (GBHS) at the age of 88.

Beloved wife of the late Tadeusz Pecak.

Loving mother of Helen Cleland (David), Dr. Tony Pensak (Carolynn), Krystyna Madinger (Richard) and Annette Pecak. Cherished Nanna of Grant and Kyle (Krista) Cleland, Evan, Rachel and Rayne Pensak, Rebecca (Tyler) and Eric Madinger and grandpets Storm, Bling, Bronwyn, Bono and Bizkit.

Survived by her sister-in-law Margaret Mellor, of London, England and her nieces and nephews; Matthew Mellor, of New Zealand and Ben Mellor, of London, England, Jarek, Janusz and Lucy, of Kitchener.

Predeceased by her brother James Mellor.

Joyce was born June 30th 1928 in Huddersfield England to Harry and Eva Mellor. She married the love of her life on Valentine's Day in 1953. They emigrated to Canada with Helen, Tony and Krystyna and added Annette to their family when settled in their new life in Ottawa.

They quickly moved to London, Ontario where Joyce was a stay at home mom until the early 70's. There she entered the work force at the University of Western Ontario. They then moved to Kitchener and she started working at Electrohome where Tadeusz also worked. She retired in 1993 as executive assistant to the Director of Finance.

She was a force in the Catholic Women's League and served not only as president of the newly reinstated CWL at St Aloysius in Kitchener but also worked diligently and with dedication to the provincial level as Diocesan president in 1991. She served a short term also at the National level. She was a very proud Life Member.



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After losing her husband of 60 years in 2013, she moved to Port Elgin in September 2014. It did not take her long to renew her love of the CWL, and she became the secretary of the newly formed St Joseph's Catholic Church chapter. She made many new friends at her home at Elgin lodge and loved her time beside the beautiful Lake Huron.

Joyce's family will receive relatives and friends from 2:00 p.m. -4:00 p.m. and 7:00 p.m. - 9:00 p.m., with prayers at 8:30 p.m. on Friday, November 25, 2016 at Henry Walser funeral home, Kitchener. A Mass of Christian Burial will be held at **St. Aloysius R.C. Church**, Kitchener, Ontario on Saturday, November 26 2016 at 11:00 a.m. Fr. Jerome Mascarenhas officiating. Cremation to follow, with reception in the church hall following the Mass. Interment at Woodland Cemetery at a later date.

As expressions of sympathy, donations to the Saugeen Memorial Hospital Foundation or the OSPCA would be appreciated by the family.

Thank you to Drs. Dyke and Cipolletti and the nurses of the 2nd floor at Southampton Hospital.

***She's In It For Life!***

A profile, by Shari Guinta

I met her many years ago. She was a member of the diocesan executive as an officer for the Hamilton Diocese of the Catholic Women's League. The year she became president, I had let my name stand for office and she appointed me as Chair (then convenor) of the Standing Committee of Community Life.

Joyce Pecak (*pronounced pensak*), was a very engaging personality. Her delightful British accent and penchant for telling jokes endeared her to all that came into contact with. She first joined the Catholic Women's League in England and immediately became recording secretary. I heard her story of immigrating to Canada in 1965 with her Polish husband, first living in Ottawa, then London and finally Kitchener, joining The League and serving in many positions in her then parish council of St. Aloysius, Kitchener, Ontario for many years, continuing even after she finished her diocesan presidency. Joyce went on to serve on the Ontario Provincial Council starting in 1994 as treasurer, secretary and 1<sup>st</sup> Vice President. She became a Life Member in May 1993.



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I lost touch a bit with Joyce, only bumping into her on occasion at convention or in the parish if I happened to be there for a function. She had some health problems that restricted her mobility and her husband also became ill and died rather unexpectedly in 2013. It was after that, that I really lost touch. She was in a retirement facility in Kitchener and was not doing very well we heard, but still made it to convention on occasion and then there was the move to Port Elgin.

I saw Joyce at our Hamilton diocesan convention in May 2015 and although she used a wheelchair, took part in the entertainment, insisting on climbing the stairs to the stage *herself*! And I had a long chat with her. She looked so good! I asked what she was up to and then I heard of her endeavors with the Catholic Women's League in Port Elgin.

She discovered that the Port Elgin parish did not have a CWL and Joyce said, "I just could not believe it!" The parish had a meeting to see if there was interest to re-instate the CWL and Joyce was invited to be guest speaker. So, of course became a member of that council and in fact became recording secretary. As Joyce says, "History repeats itself."

Joyce was one of those women who was a real *life member*. She loved to be involved in many things and in fact had organized functions at the retirement home and was the resident *Stand Up Comic* although Joyce corrected me and said, "*I am a sit down comic!*"!

"I only wish that younger women, in spite of their busy schedules, would consider becoming members (of The League) who would bring fresh and new ideas into it. One reaps so many friends from belonging and gains so much knowledge and expertise as well as many spiritual rewards. I hope to be able to belong for many years to come." Joyce passed away on November 17<sup>th</sup>, 2016 at 88 years old. I'd say, "She's was in it for life!"



*God is the glory and joy of each of our departed members whose memory we celebrate. A rose, a symbol of life in Christ, is a symbol for each one.*

**St. Mary Immaculate – Elora**

*Eileen McManus, Monica Dietrich, Brenda Power, Dorothy Kelly, Rosemary Coffey*

**St. Pius X – Brantford**

*Florence Camilleri, Mary Kalichuk, Faith Prowse*

**Mary Immaculate – Chepstow**

*Ethel Lang*



**Hamilton Diocesan Council  
The Catholic Women's League of Canada**



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**FRANCES LOVERING AWARD**

The *Frances Lovering Woman of the Year Award* was instituted in 2000 to honor Frances Lovering, a member of the first national executive of the CWL and our first diocesan president.

Nomination forms are distributed annually in the early part of the year, and any completed forms are submitted to the Diocesan Organization Chair by the first of April. A five member review team, made up of Diocesan Executive, then examines each nomination to determine a winner.

There are no formal criteria for this nomination. We invite you and your executive to take a good look at the women in your council and nominate one of your wonderful women for this special distinction. The nominee is to be a member who demonstrates the objectives of the League in her service to the League, her parish and the community. Diocesan executive members are not eligible for this award while they are in office.

All nominees are acknowledged for their nomination at the closing banquet at our annual convention, and presented with a *Certificate of Congratulations*. The award winner receives the large commemorative plaque, to keep in her parish for the next year, and is presented with a personal plaque.

Other Information:

- Most nominations from councils are done without the nominee knowing. While this is not a requirement, most councils like the surprise.
- The winner is not notified; however the council president or contact person is notified if your nominee is chosen. Together with your council, every effort is made to ensure that the winner is present at the convention's closing banquet.
- Our Woman of the Year has her picture taken with the Bishop, and is honored with the ovation of her League sisters.
- More information about this award, and previous winners, can be found on our Diocesan website at ... [www.hamilton.cwl.on.ca/Awards/Awards.html](http://www.hamilton.cwl.on.ca/Awards/Awards.html)



Hamilton Diocesan Council  
**Frances Lovering Award**  
Nomination Form

*Submit your nominee to the Diocesan Organization Chair, Joan Schurter  
by April 10, 2017*

**PLEASE PRINT CLEARLY**

Nominee's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

A member of: \_\_\_\_\_ Parish Council

Years of membership in the Catholic Women's League: \_\_\_\_\_

Catholic Women's League involvement: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Parish involvement: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Community involvement: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Personal data: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Council President: \_\_\_\_\_

*(signature)*

Council Spiritual Advisor: \_\_\_\_\_

*(signature)*



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# CONVENTION



Join us for **FAITH, FUN and FULFILLMENT**

**May 26 - 28, 2017**  
**Crowne Plaza Hotel, 106 King St. E.,**  
**Kitchener**





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## HAMILTON DIOCESE

### LIFE MEMBER CONVENTION INCENTIVE FUND

#### Criteria

This fund has been created to encourage members to attend the **Hamilton Diocesan Annual Convention**.

Applicants for this fund are;

- a) a member whose membership has been paid for the present year
- b) a member interested in learning more about the Catholic Women's League
- c) a member who has sent in her registration for the convention
- d) a member who is not a parish president or co-president
- e) a member who is not a voting delegate
- f) only one application for each parish council per year
- g) the application must be signed by the parish council president.

The sum of \$200 will be awarded to cover the cost of hotel accommodation, meals, annual report book and bus transportation to and from the opening and closing liturgies.



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# **SPECTRUM**

## **2017**