



The Catholic Women's League of Canada

SPECTRUM

Spring 2019

Newsletter of the Hamilton Diocesan Council
www.cwl.hamilton.on.ca



Care for our
Common Home



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



Editor's Note

Welcome to the spring 2019 edition of the SPECTRUM.

I hope that your council year is going well- and that you are enjoying good programs and speakers.

The SPECTRUM allows the diocesan executive to keep in touch with you. Also parish councils in our Diocese can share their good works, milestones & council awards, meeting ideas or anything else they would like to share. I am thankful to all the councils who submitted articles for this issue.

The deadline for the FALL 2019 issue is **July 31, 2019**.

Please use *Calibri 12 font*, and make sure you include the information of your parish council, municipality, and a contact person.

As this is the year for elections- there will be a new Communications Chairperson after our annual Diocesan Convention in May 2019. Watch for the results and a notice of where to send your submissions; or send to me at: dpac@golden.net and I will make sure they are forwarded to the new person.

Patti Pagett
Diocesan Communications Chair
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Diocesan Officers and Chairs (May 2017-May 2019)

Spiritual Advisor . . .	Rev. John Redmond
President . . .	Joan Schurter
Past President & Historian . . .	Ana Sousa
First Vice-President . . .	Catherine Feren
Second Vice-President . . .	Joyce Cotter
Recording Secretary . . .	Mary Clark
Corresponding Secretary . . .	Nancy Morley
Treasurer . . .	Julia Calverley

Committee Chairs

Christian Family Life . . .	Joyce Cotter
Communications . . .	Patti Pagett
Community Life . . .	Laura Grint
Education and Health . . .	Joanne Palmer
Legislation . . .	Teresa DiFalco
Resolutions . . .	Vicki Lee
Spiritual Development . . .	Catherine Feren

Regional Chairs and Secretaries

Brant . . .	Corrinne Carrita (Chair) Angela Rowley (Secretary)
Hamilton . . .	Debra Noronha (Chair) Meagan Noronha (Secretary)
Kitchener . . .	(Chair) Christine McKenzie (Secretary)
North . . .	Jane Godin (Chair) Michelle Phillippi (Secretary)



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DIOCESAN PRESIDENT

Dear Sisters in the League

Happy spring. Hopefully by the time many of you read this issue of the Spectrum, spring will be well on its way and the snow and deep freeze of the past winter will be just a memory.

Where has the time gone? Would you believe that in 2 months my term as President is over and you will have a new President and officers. I would like to thank the ladies of Hamilton Diocese for the experience of a lifetime. Being President of the best diocese in Canada has been an honour and pleasure.

Our Warmth and Comfort program was an overwhelming success. Members in Hamilton Diocese gathered and collected 10523 pairs of socks, 180 jars of peanut butter and 149 boxes of crackers (there may have been more not reported). The Province of Ontario collected 37465 pairs of socks. We were very pleased and proud of the outcome and the generosity of our members/parishioners. We encourage councils to continue supporting the homeless in your own way.

“Care for Our Common Home”, our new national theme became effective on January 1st, 2019. We will be reflecting on “God’s creation and marvel that everything, human and non-human alike, belongs to God”, with a special focus on water. Water is an indispensable resource for life. Canada is – or has been – magnificently rich in fresh water. Looking at the global level, Pope Francis points out “an acute water shortage may occur within a few decades unless urgent action is taken”. The environmental repercussions could affect billions of people; it is conceivable that the control of water by large multinational business may become a major source of conflict in this century.”

Education and awareness of the current state of water in this province, country and around the world is desperately needed.

A sign of hope for Canadians is the growing popularity of The Blue Communities project, a movement that recognizes water as a human right, promotes publicly owned and operated water service, and bans the sale of bottled water. Already several municipalities have accepted these conditions of membership and a number of municipalities and campuses now ban bottle water.

We will be promoting our diocesan spiritual theme “Welcome Home’ at our spring regional meetings, on Earth Day and at our annual convention. More details will be coming soon.

The Catholic Women’s League strategic plan for 2018-2022 was rolled out at the 98th annual national convention in Winnipeg, Manitoba. Looking to the future and the strategic plan to come, you can be sure the league is in good hands. Members look ahead with optimism and



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(Diocesan President – Continued)

trust that the Holy Spirit will guide, inspire and walk with them into what might seem like uncharted waters. I believe the League will be better than ever! I urge you to keep the faith, celebrate each other and all that is good and remain open to the process that will help members be what is needed at this time.

We should ensure that all league members are familiar with the initial strategies- the new mission statement (The Catholic Women's League of Canada calls it members to grow in faith and to witness to the love of God through ministry and service), the three core values (faith, service and social justice) and the core purpose. "Uniting Catholic women to grow in faith and to promote social justice through service to the church, Canada and the world".

May 24 - 26, 2019 ...if these dates are not already blocked on your calendar, be sure to do it now. These are the dates for our 99th annual Hamilton Diocesan Convention being held at the Delta Conference Centre in Guelph. Please to attend and bring as many of your Catholic Women's League sisters as you can.

Information regarding the eligibility to run for diocesan council has already been sent out. Please pray and discern over this information before you make your decision. Do not underestimate your abilities, your gifts and your talents. God blessed you with these gifts to share with others.

The Annual Ontario Provincial Convention is July 13 – 17, 2019 at the Ambassador Hotel and Conference Centre, Kingston. This is where Hamilton Diocese will be inviting all delegates to attend the 2020 Provincial Convention at the Crowne Plaza, Kitchener. Come with us and encourage the women of the province of Ontario to come to Hamilton diocese with your warmth and friendship.

The National Convention is in Calgary August 18 – 21, 2019. It is sure to be an awesome experience! Join us and meet Catholic Women's League sisters from across Canada.

As a League, our continuous challenge is to ensure that we remain vibrant and relevant to the Catholic community of women. We must do this as we continue to build on our foundation of faith, service and social justice.

May Our Lady of Good Counsel bless us all.

Joan Schurter; Hamilton Diocesan President



SPIRITUAL DEVELOPMENT

My dear sisters in the League,

As we begin a new season of growth in our faith, I think it is good to reflect on what spiritual development is or could be in our lives. It is also helpful to remind ourselves that the process and character of spiritual development varies from person to person and that it is not a “one size fits all” proposition.

One place to start is with the understanding that true spiritual development is not about becoming more spiritual in a measurable sense. Rather, it is about realizing or becoming more and more aware of one's natural, innate spirituality. We all can point to times in our lives when this has been a slow and gradual process, at other times there have been significant leaps of realization, both of which are part of the ongoing 'developing' process. Unlike the development of a photograph, individuals don't reach a finished state of spiritual development in this life, but participate in the ongoing process of spiritual realization.

According to Dominican Father Fred Lucci, director of the All Saints Catholic Newman Center at Arizona State University in Tempe, Arizona, “If God's creation is anything, it is diverse, and God intentionally desires every diversity. That diversity is most evident in the uniqueness of every human person and various temperaments. While union with God, the end goal of spiritual development, is a desire of every human heart, different persons with different temperaments will naturally find different paths through different prayer forms and spiritual expressions to that union. Throughout history, God has inspired the creation of various religious orders and congregations, each with its own charism to address a particular need in the Church. In responding to their charisms, each developed a spirituality that reflects and supports their charism.” Father Lucci submits that, “Any layperson desiring a deeper relationship with God would be wise to pursue the various spiritualities of the orders and congregations for one that might be helpful to her own temperament.”

It seems reasonable then, that a person doesn't so much choose a spiritual path, but rather discovers a path that fits the best with personality, temperament and overall outlook on life.

So...what might be your unique path and what traditions within the church might be helpful to you on your journey of spiritual development?

- Do you enjoy Scripture reading, formal prayers of the Church and have the gift of hospitality? *Benedictine* spirituality may be for you. Founded by St. Benedict of Nursia in the sixth century, the Benedictines are the oldest of the spiritual communities. His “rule,” or book of guidance, has been adapted and adopted by many other communities over the centuries. The Benedictine answer to spirituality is the Scriptures, the scriptural way of viewing the person and the world.



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(Spiritual Development – Continued)

- Do you love to study and have a passion for explaining the faith through writing and speaking? Then consider the **Dominican** way. Scholars like St. Thomas Aquinas have shaped Catholic theology for centuries. Dominican spirituality derives from the reality that anything that is true points to God the Creator, and therefore all learning, knowledge and understanding ultimately teaches us about God. The more we know of God, the more we can love God. Consequently, Dominican spirituality begins with study, always with the question in mind: 'What more does this teach me about who I am and who God is in my life?'
- Does the simple life attract you? Do you want to see all of life as gift and all creatures as united in Christ? Then look to St. Francis and the Franciscan Way. **Franciscan** spirituality is "very simple and very personal and very devotional," explains Father Benedict Groeschel, C.F.R., "Devotional in that it is related to personal individual prayer to Christ and Our Lady and their presence in our life." Like its founder, the beloved Francis of Assisi, Franciscan spirituality stresses personal devotion to Christ, particularly to Christ in his incarnation, his passion and death and his presence in the Holy Eucharist.
- Do you long to know the will of God in all things? Is a straightforward, no-nonsense approach that finds God in the everyday things of life appealing? You may find **Ignatian** spirituality appealing. Founded by St. Ignatius of Loyola, the Society of Jesus, also referred to as the Jesuits, follow a spirituality focused on finding God in all things. According to Jesuit Father James Martin, "It is centered on the idea that the experiences of God are not reserved for one Sunday during Sunday Mass, but God can be found at every moment of our life and every moment we can experience God. All things that are part of our lives help us experience God." The Jesuit Way is "contemplative in action," he explains. "It's for the person who lives an active life, but maintains a contemplative life. If you are a young mother, Ignatian spirituality says that God can be found in your relationship with your children, your husband, your friends, preparing the sandwiches in the morning, in the office, in the struggles raising children, in the love you experience in raising your children in addition to the formal times you go to Church.
- Are you convinced that holiness is found in boardrooms and lunchrooms as well as chapels and churches? Consider the way of **Opus Dei**. "We are all called to holiness," says John Cloverdale, law professor at Seton Hall University. "The supposition is that priests need a spirituality but we have the idea that laypeople are just called to muddle through. Actually, we are all called to holiness through different paths." Coverdale



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(Spiritual Development – Continued)

explains that three points characterize Opus Dei. First, a stress on integrating the secular into one's spiritual life, rather than seeing everyday life as a problem to be overcome, it is part and parcel of where we are to sanctify ourselves. Second, an emphasis on work, understood broadly, as the whole range of activities, seen as a path to sanctity. God wants us to do it well and offer it to him. The first step is to do it and do it well. Third, a very strong stress on the reality of being sons and daughters of God that gives an optimistic and positive tone to love. God really does love us and is concerned about each of us.

It is my prayer for all of you that, whichever path you choose or whichever path chooses you, your journey of spiritual development helps you discover meaning and purpose in your life in addition to strengthening your relationship with God and with others.

May you know that God blesses you and all you do for God and Canada!

Catherine Feren; Spiritual Development Standing Committee Chair



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ORGANIZATION

Welcome to a new year. We have a new national theme: “Care for the Common Home”, and an updated mission statement: “The Catholic Women’s League of Canada calls its members to grow in faith and witness to the love of God through ministry and service.”

This time of the year is busy with completing annual reports for the National CWL, president’s reports for the Diocesan CWL for the annual convention report book, membership drives and for elections, and for some councils preparing events to provide Faith, Fun and Fulfillment for your members.

Membership in the largest national organization of Catholic women adds your voice in uniting women to grow in their faith and promoting social justice through their service to the church, Canada and the world.

All councils have fully active members, partially active members, financially supportive members and prayer partners. Each of these members offers a unique and welcome voice.

- For The Catholic Women’s League of Canada, that it may be blessed with new and renewed members during this year’s membership campaign. *We pray to the Lord.*
- For renewed energy and vitality to be given to all members of The Catholic Women’s League of Canada, as they share their time and talents at home and abroad. *We pray to the Lord.*

National Resources available: Executive Handbook, Handbook for Organization Chairs, and Leading the League.

God bless you in your service to The League.

Nancy Morley; Organization Chair (acting)



PAST PRESIDENT AND HISTORIAN

Happy 2019!

Upon reviewing your annual reports it was great to see that as past-presidents you do attend meetings and events and encourage your presidents. It is good to see that archives are being kept up to date in filing cabinets and photo albums and scrapbooks. You are encouraged to use the *Constitution and Bylaws* more as well as the National Policy and Procedure Manual.

Our National theme Care for our Common Home encourages us when you go shopping be mindful of all the products in plastic bags / containers and try very hard not to buy the product. Instead of using a plastic bag for your fresh fruit / vegetables, use a paper bag or a cloth bag.

Our new Mission Statement:

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

Continuing with the *Constitution & Bylaws* we are now on

PART IX: The League and the Church

Spiritual Advisor

- (a) Role
 - (i) The spiritual advisor, in cooperation with the chairperson of spiritual development, shall provide advice and guidance for the spiritual program. (Part VI)
 - (ii) The spiritual advisor shall receive due notice of all executive and council meetings and conventions and shall attend and participate in all such meetings and conventions, when possible, in an advisory capacity.
 - (iii) At national level, the spiritual advisor shall receive due notice of the national administrative committee meetings and shall attend and participate when possible.
- (b) Appointment
 - (i) The spiritual advisor of the parish council shall be the pastor of the parish. Where this is not possible, the pastor, in consultation with the council executive, shall appoint a spiritual advisor.
 - (ii) At other levels, the spiritual advisor shall be named by the appropriate level of the hierarchy.
 - (iii) A spiritual advisor may not serve simultaneously on any two levels above parish level.



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(Past-President / Historian – Continued)

(c) Term of Service

.On levels other than parish, a spiritual advisor's term of service shall not exceed five years. The council concerned shall give six months advance notice of the expiry of a spiritual advisor's term to the authority responsible for naming a successor.

May Our Lady of Good Council continue to guide you and keep up all your good work.

Ana Sousa; Past-President/Historian amsousa@rogers.com



CHRISTIAN FAMILY LIFE



Ministry to the Disabled

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me." Corinthians 12:9

The beauty of God's creation is all around us and most importantly in those suffering from disabilities. One in seven Canadians reported some form of disability that limits their daily activities. A disability is an impairment that may be cognitive, developmental, intellectual, mental, physical, sensory, or some combination of these. It may be present from birth or occur during a person's lifetime.

Disabilities related to pain, flexibility and mobility are the most common disabilities reported according to a Stats Canada survey in 2012. Mental health, dexterity and hearing disabilities were the next common, followed by seeing, learning and memory disabilities.

Challenges facing people with disabilities:

1. Accessibility

- hassles with public transportation, limited or non-existent
- wheelchair accessible aisles in public areas
- untrained or limited staff for wheelchair ramp assistance
- non-disabled people using accommodations reserved for the disabled
- accommodations in workplace

2. Communication

- slights, misunderstandings, stares, patronized, hostility, intrusive inquiries
- social life is diminished
- humiliation when explaining nonvisible disability
- assumption that all disabilities are similar
- not aware of the limitations of their disabilities
- having a disability is not a request for help

3. Discrimination & Harassment

- 37% of employees with disabilities have been harassed
- substantial difference in wage earning
- less chances for promotional opportunities at work
- accused of being inebriated as not all disabilities are visual
- cultural attitude that disabled people are not considered "normal"

4. Inclusion

- not valued at work & feel they aren't an equal member of the team
- less opportunities for proper job training
- isolation within groups, ignore your presence
- lack of upgraded or innovative tools/technology devices



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(Christian Family Life – Continued)

- embrace your children's curiosity
- assuming the disability defines the person

"I'm a person living with a 'disability' not a 'disabled person' or 'differently abled'." Pamela Rae Schuller

How can we as CWL members welcome and assist people with disabilities?

- Become aware of parish members with disabilities
- Support the families of the disabled, one on one communication
- Learn the individual needs of the disabled – specialized equipment,
- Offer assistance with household chores, running errands, rides to appointments
- Listen to their encounter with Christ
- Talk about the value of suffering
- Build a parish education program that meets the needs of all the children, instead of a program for "special children"
- Encourage parish ministries
- Be proactive in protecting the lives of the disabled
- Advocate for disability services and benefits
- Donate to causes such as Special Olympics, The War Amps, CNIB etc.
- Write Resolutions to benefit the disabled
- Sponsor, volunteer or participate in events for the disabled

"Words and gestures to encounter people with difficulties cannot be amiss in parish life... because the encounter with the Risen Lord and the community itself can be a source of hope."
Pope Francis

CWL members have the privilege of praying for those suffering from disabilities for their physical healing as well as for their spiritual growth and strength.

- ✚ Pray for their physical healing (Mark 1:29-34)
- ✚ Pray that God would comfort them (2 Corinthians 1:4)
- ✚ Pray that they would "grow in the grace and knowledge of our Lord and Saviour Jesus Christ" (2 Peter 3:18)
- ✚ Pray that they would trust in the Lord and not lean on their own understanding (Proverbs 3:5)
- ✚ Pray that they would grow in the fruit of the Spirit (Galatians 5:22-23)
- ✚ Pray that they would suffer well. Pray that they would "commit themselves to their faithful Creator and continue to do good" (1 Peter 4:19)
- ✚ Pray that God would grant them endurance and encouragement (Romans 15:4-6)



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(Christian Family Life – Continued)

- ✚ Pray that they would throw off sin and run with endurance. Pray that they would look to Jesus so that they do not grow weary and lost heart (Hebrews 12:1-3)
- ✚ Pray that the Lord would provide for all of their needs “according to the riches of his glory in Christ Jesus” (Philippians 4:19)
- ✚ Pray that they would thirst for God and that they would place their hope in Him (Psalm 42:1-5)
- ✚ Pray that God would keep them in perfect peace (Isaiah 26:3)
- ✚ Pray that they would “be joyful in hope, patient in affliction, faithful in prayer” (Romans 12:12)
- ✚ Pray that God would enable them to be content in whatever circumstances He places them in (Philippians 4:11-13)
- ✚ Pray that they would hold unswervingly to the hope they have professed (Hebrews 10:23)
- ✚ Pray that they would not lose heart, but that they would persevere and fix their eyes on what is eternal (2 Corinthians 4:16-18)

“How to Pray For The Sick And Disabled” by Rachel Lundy irresistiblechurch.org

Joyce Cotter; Christian Family Life



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TREASURER

Dear Sisters in the League,

Another year has come to pass, and we look forward to a fresh start. Since 2018 is closed, it is time as treasurers of your parishes to review all expenditures and revenue and have your financial records audited or examined. Also with the close of 2018, it is time to prepare your budgets for 2019, and send a **Parish Treasurer's Annual Summary Report** for the period of January 1, 2018 to December 31, 2018, to me as soon as possible. I will take the information and summarize it for my Diocesan Treasurer's Annual Summary Report, which I deliver at the May convention. I hope that you have remembered to pay your **Annual Administrative Fee** of \$100.00.

This year, please remember to include in your budget a donation to Pornography Hurts, if you can. We will still take donations for Our Lady of Good Counsel - Seminarian Bursary Fund and Development & Peace, and our Bishop will instruct us how these will be managed and disbursed. Please share with me the unique ways that your council may be collecting for these funds as often I get cheques for odd amounts and I wonder what the story is behind the amount...passing the hat, silent auctions, etc.

Always feel free to question me about anything you need. Some treasurers have little to no bookkeeping experience and may have questions about how to proceed, or members are hesitant to take on this role because they think they lack the ability. I am here to help. I can be reached at:

Julia Calverley
Hamilton Diocesan Treasurer
80 Forest Street
Guelph, ON N1G1H9
doingtime.guelph@sympatico



CORRESPONDING SECRETARY

Essential Guide to Safe Emailing



Benefits of Using BCC

BCC stands for “blind carbon copy,” and is a way of sending emails to multiple people without them knowing who else is getting the email. Any email addresses in the BCC field will be invisible to everyone else on the email. In other words, it's like CC, but for spies.

BCC allows you to hide recipients in email messages. Addresses in the “To:” field and the CC (carbon copy) field appear in the message, but users cannot see addresses of anyone you include in the BCC (blind carbon copy) field. Why is this important?

- 1) Privacy – so you are not sharing the email address with others therefore protecting the privacy of the recipients.
- 2) You may not want everyone to be aware of others receiving the same message.
- 3) Emails are often forwarded without removing the address of previous recipients. As a result, messages repeatedly sent to many recipients may contain a long list of email addresses. Spammers and email-borne viruses may collect and target those addresses.

To reduce risk, encourage people who forward messages to you to use BCC so that your email address is less likely to appear in other people's in boxes and be susceptible to being harvested.

To avoid becoming part of the problem, in addition to using BCC if you forward a message, take time to remove all existing email addresses within the message. The additional benefit is that people you are sending the message to will appreciate not having to scroll through large sections of irrelevant information to get to the actual message.

To use BCC, enter the list of email addresses in the BCC field usually located below the “To:” field. You may leave the “To:” field blank or insert your email address making it easy to track the message. The goal is to use BCC: when sending bulk messages to protect the privacy of your recipients and to safeguard their address.

Ref: *OPC Administrative Assistant Chair, Directive 3, October 2018*

Nancy Morley, Diocesan Corresponding Secretary



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COMMUNICATIONS

Warmth and Comfort Project:

Thanks to the councils who took part in this wonderful endeavor. Our diocesan councils have contributed greatly- and in her latest directive, Marie-Theresa Lamphier, Ontario Provincial Communication Chairperson reported the provincial final tallies from October 1st to December 31:

37,465 pairs of socks, 2,812 jars of peanut butter and 2,896 boxes of crackers.

Pictures of this project may be viewed at “#opccwlwarmthandcomfortproject” on Facebook. What a great way to embody our mission statement of witnessing to the love of God through ministry and service!

Care for our Common Home: The Ontario Provincial Council (OPC) has decided on water conservation as the main focus for our theme this year. You will be asked to be aware of the ways you conserve water for future generations. Beginning March 22nd, 2019, designated World Water Day, the OPC will be asking you to take steps to reduce your water consumption. A poster will be posted on the provincial website outlining 10 ways/steps that you can take. You can explore other methods of water conservation as well.

Patti Pagett; Hamilton Diocesan Communications Chair



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EDUCATION & HEALTH

With all our concerns about Health and Homelessness The Catholic Bishops are disappointed at the passing of Bill C-45, that legalizes cannabis/marijuana for use- with knowing the risks to human society and health {physical, mental and emotional} and with knowing that it will be disastrous for many people. The Canadian Medical Association have put out that the use of cannabis is linked to addictions and depression. The position of the CCCB is shared by Pope Francis when he pointed out that "the legalization, even partial is very harmful. The soft drug can lead to harder drugs. All of these can lead to wide spread problems in our Society eg: mental health, crimes."

To read more you can go to the web site at www.cccb.ca {Canadian Conference of Catholic Bishops}.

On Saturday November 3rd I attended The Parents Conference at Bishop Ryan High School in Hamilton, it started off with a Beautiful Eucharistic Celebration with Bishop Crosby. The theme this year was "Weaving the Catholic Partnership." The key note speaker was Allen Croxall, a Catholic Theologian and Educator by training. Now he is the President of Tools for Life. In collaboration with his business and education associates, Allen seeks to support teachers by providing practical, creative relationship building strategies and problem solving tools for children faced with daily trauma and uncertainty. Faith-filled learning is reinforced and extended in the home, the School and the Parish. The Tools for Life offers children the opportunity to build self-esteem, confidence and resilience for those times whenever the going gets tough. We are all called to seek the Lord where he may be found and live and love in His truth.

Care for our Common Home

Mother Teresa wrote "It is not how much we do, but how much love we put in the action that we do." We can reflect over the past year of our many blessings and what we learned and tried to do. Our many topics that we worked on were Homelessness, Palliative Care and Mental Health. I would like to touch on a few points on these subjects.

Mental Health:

The first one is putting care into the Mental Health Care. CBC Radio program stated that the North Bay Regional Health Care Centre has peer support workers helping patients in crisis. When they come to the emergency room, the support workers help during the down time, between assessment and admission. They help to keep the person calm. That makes the patient feels that they have a supportive person on their side. The support workers are experienced in education and their own experience. They help provide strategies for coping with day to day struggles with mental health issues. The support workers let them know that they are not alone and they can help. The nurses think the peer support workers are invaluable.



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(Education and Health – Continued)

To learn more about peer support workers you can go to cbc.ca/white-coat and hear Dr. Brian Goldman.

On January 30th Bell had Bell Let's Talk Day. It is about having the right tools to combat the stigma around mental health issues. Bell donated 5 cents for every application text, call, and tweet, toward Mental Health.

Palliative Care

There was a qualitative study on the level principles and practices to support spiritual care at the end of life. There are six principles that influence the organization of spiritual care.

1 Quality spiritual care incorporates the spiritual into every other aspect of hospice palliative care.

2 More profoundly than in any other area of care, quality spiritual care is guided and directed by the dying person and the family.

3 Hospice palliative care is fundamentally a vocation, and the work is inherently spiritual. Principles that enable a high quality approach to spiritual care by care providers.

4 Quality spiritual care requires care providers to allow spiritual questions and issues to emerge.

5 Spiritual care is also an act of "witnessing."

Principles that enable the spiritual care practices of care providers.

6 Spiritual care includes rituals and times dedicated to marking transitions and processing experiences.

Quality spiritual care emphasizes that the role of volunteers, whose presence and work reinforces and ensures that hospice palliative care is grounded as vocational and spiritual.

Joanne Palmer, Health and Education



LEGISLATION

Warmest Greetings and Blessings to All,

As we near the end of another Diocesan term, I would like to thank you for allowing me to serve as your Diocesan Legislation Standing Committee Chairperson. The experience provides many blessings, including providing a leadership opportunity in serving the people of God, expanding friendships within the league, but most importantly, it provides spiritual formation, which is the essence in aspiring to become more Christ like and more holy.

I approached this great honour to serve with a humble heart while bearing in mind a profound quote from an admirable Catholic woman - Mother (Saint) Teresa. She said: "I can do things you cannot, you can do things I cannot; together we can do great things." These wise words have been a source of inspiration throughout life, which is why one of my first goals when accepting this position in 2017 was to establish a Diocesan Legislation Standing Sub-Committee. This goal was reached when two ladies stepped forward to serve as members on that committee. I would like to extend a special thank you to Lucienne Rowan and Marisa Di Filippo for giving of their time, love and talents in helping me serve/assist our members in the legislation portfolio. Another goal was to develop and share a legislation 101 training presentation, as well as form letters and other resources to better support our members in their legislation portfolios. The legislation 101 presentation and supporting materials were presented to parish councils, as well as via mini workshops held at the Hamilton Regional Fall Meeting, and at last year's Diocesan Convention. I am most pleased to report that members have found these materials helpful in monitoring and sharing information on legislation, taking action and also reaching out to their elected officials with confidence and success!

There is no greater gift than love, and loving one another. Serving in the league allows us to share our love, and keep Christ in the centre of our lives. Serving also allows us to advocate and protect others and our common home. As volunteers we give of our time, our love, and of our God-given talents to advocate for change and be a voice for the vulnerable. We stand firm on our moral beliefs in protecting the sanctity of life, restoring peace, dignity, justice and compassion back into a broken world. "Legislative activity is always best based on care for the people" (Pope Francis).

UPDATES:

SCANVENGER HUNT:

Provincial Legislation Chairperson, Karen McDonald advised that 28 teams across Ontario participated in the scavenger hunt. The Hamilton Diocesan councils represented 25% of those who participated. Kudos parish councils who participated in this provincial initiative to learn more and educate our members on homelessness!



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



(Legislation – Continued)

ONTARIO GOVERNMENT VISIT:

You may recall a request I received from provincial this past fall, and forwarded to you to contact your MPP's and ask them to attend a CWL sponsored event at the Ontario Legislature on November 26, 2018. This request generated a lot of positive activity. For example, several members contacted me seeking assistance in contacting their MPP's, to which I shared a copy of a letter that I had sent to my MPP to use as a template. I received follow-ups from members informing me that their MPP's replied, accepted the invite and thanked them for reaching out. This contact provided an opportunity for several councils to form a relationship with their MPPs.

DIOCESAN CONVENTION MAY 2019

I have had the pleasure to work with Joan Schurter, our Diocesan President and Catherine Feren, our Diocesan Spiritual Development Chairperson and First Vice-President, developing a proposal and action plan for our 2019 Diocesan Convention theme. The theme is "Welcome Home," and incorporates elements of our national theme "Care for Our Common Home", which is based on Pope Francis's Laudato Si. Our focus is to promote a welcoming environment for our members to thrive in, feel valued, loved, safe, protected and at peace. Promoting and embracing our mission to take action on social justice to protect and advocate for God's creation of our common home (the earth) and each other through compassion, kindness, respect and common dignity. Taking action as Legislation Chairpersons and as members of the CWL will help us to grow spiritually and become more mindful to be intentional disciples of Christ.

EYE ON LEGISLATION

Please continue to monitor and encourage our members to contact their government representatives with respect to the following Bills:

Bill 13, Time to Care Act (Long-Term Care Homes Amendment, Minimum Standard of Daily Care), 2018 - Private Members Bill received First Reading July 31, 2018

Bill 58, Family Caregiver Day Act, 2018 - Received First Reading November 20, 2018

Bill 59, Caregiver Recognition Act 2018 - Received Second Reading December 6, 2018 and referred to the standing committee on social justice

Bill 63, Right to Timely Mental Health and Addiction Care for Children and Youth Act, 2018 - Received First Reading on November 27, 2018

To access these Bills, go to <http://www.ola.org/en/legislative-buisness/bills/current>

I look forward to seeing you at regionals and the Diocesan Convention.

May Our Blessed Mother and the Holy Spirit guide you in service to others and in advocacy in protecting God's creation, fulfilling your work as Legislation Standing Committee Chairpersons and as Members of the Catholic Women's League.

Teresa DiFalco, Diocesan Legislation Standing Committee Chairperson



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



Care for our
Common Home

RESOLUTIONS

Happy new year to all of you. I hope that 2019 has begun wonderfully for you and that you continue to have a safe and blessed year. As I sit here on this snowy day, with road, school and office closures, I am grateful for spending the day safe and warm in my home. I am reminded that I am one of the lucky ones and I hope that all can find a warm, dry place to spend the day.

I would like to take this time to remind everyone that even though your council may not be writing a resolution, there are still a lot of things that you can be doing. Every resolution that has been passed at any level of the Catholic Women's League has an action plan associated with it. All you need to do is go to one of the three websites (Diocesan, Provincial, or National), find a resolution and review the action plans. Action plans can also help with activities for your meetings.

As an example: The National theme for 2019 is Care for our Common Home. Think about past resolutions that would fit this theme. Hamilton Diocese has passed resolutions on reducing microbeads in shampoos and on reducing the use of plastic bags in retail stores; you can spend a meeting exploring these issues, seeing how your council can make a difference. Perhaps invite a speaker to give you more information. Just because the resolution was passed does not mean that there is no longer an issue or that there is not more work to be done. Even a small step in the right direction is a good step.

I would like all councils to be aware of what is happening in your communities, province and Country, even the world. Read, educate yourselves and others, and talk to people. By doing these things, you can act on the action plans of resolutions by informing or you could be laying the groundwork for new resolutions to come as you come to realise that something needs to change.

Stay safe and warm,

Vicki Lee
Hamilton Resolutions Standing Chair



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



LIFE MEMBER LIAISON

Dear Sisters in the League; A very Blessed, Healthy and Successful New Year to all.

The Life Members are very glad to answer any questions that may arise in your council. Please feel free to contact them.

Some of the Life Members are also available to examine and evaluate your council's accounts. According to the C & B(2013) Part X11, Section 5, Treasurer(a) maintain the financial records of the council concerned and have them audited or examined annually.

I'm sure the Life Members would be pleased to be invited to your council to talk about the League and/or their League experiences.

This year our annual general meeting (diocesan convention) will be held at the Delta Hotel & Convention Centre, Guelph, May 24, 25, 26, 2019. Parish Council presidents are invited to attend as voting delegates as part of their duty as president (C & B, Part X11, Section 1c. All members are invited and very welcomed to attend this convention. This convention is a great learning experience. This is an election year. Past presidents, please seriously discern and consider letting your name stand for election. We need experienced, dedicated, knowledgeable women on the diocesan council.

Parish councils are to cover the expenses [C & B Part X1V, Section 6 b] of the voting delegate.

This year let us fill the ballroom to overflowing. Encourage all members to attend for this very worthwhile experience. Enjoy the **FAITH, FUN and FULFILLMENT.**

Life member Mary Jane Yaeger moved last year to Manitoulin Island but remained a member of the Hamilton diocese. She is now a Life Member in Sault Ste. Marie diocese at St. Jude Parish, Espanola. We wish her well with her new council.

Please keep all the Life Members in your prayers.

May Our Lady of Good Counsel continue to guide us in our work for God and Canada.

Blessings & Prayers

Anna Brady, Life Member Liaison

"Lord, help me to remember that nothing is going to happen to me today that You and I together can't handle!"



PRAYER & REFLECTION PAGE

Prayer of Blessing

May the Christ who walks on wounded feet walk with you to the end of your road.
May the Christ who serves with wounded hands teach you to serve your brothers and sisters.
May the Christ who loves with a wounded heart be your love forever.
When you go out, may you see the face of Christ in everyone you meet and may everyone you meet see the face of Christ in you!

Amen.

The Knot Prayer

Dear God: Please untie the knots that are in my mind, my heart and my life.
Remove the have knots, the can nots and the do nots that I have in my mind.
Erase the will nots, may nots, might knots that may find a home in my heart.
Release me from the could nots, would nots and should nots that obstruct my life.
And most of all,
Dear God, I ask that you remove from my mind, my heart and my life all of the "am nots:
that I have allowed to hold me back, especially the thought that I am not good enough.

Amen

To reflect on:

"Where I dwell, God dwells with me and where God dwells with me I find all my sisters and brothers."
Henri Nouwen

Somebody has said there are only two kinds of people in the world. There are those who wake up in the morning and say "Good morning, Lord," and there are those who wake up in the morning and say "Good Lord, it's morning."

Trust in the Lord with all your heart. Never rely on what you think you know.
Remember the Lord in everything you do, and He will show you the right way.
Proverbs 3:5-6

As for me and my house, we will serve the Lord.
Joshua 24:15



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

BRANT REGION:

**St. Mary
Brantford ON**

Happy 100th Birthday to CWL member Isabelle Robdrup

Submitted by Anna Brady

**St. Pius X
Brantford ON**

We presented Service Pins at our Annual Advent Mass and Potluck on Thursday, December 6, 2018 to the following people:

65 Years of Service- Pauline Bossey

60 Years of Service- Nina Fullerton, Jill Shewburg RIP

40 Years of Service- Modestina Maruzin

25 Years of Service- Olga Dostal, Olga Romano

10 Years of Service- Lisa Berki, Teresa Brzozowski, Anna Cusak, Camilla Norman, Florence Carrozzella, Filomena Ciommo

Congratulations to these women who have served and continue to serve the League.

Vicki Coyle, President



Hamilton Diocesan Council
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CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

HAMILTON REGION:

Holy Rosary (Aldershot) Burlington ON

The final months of 2018 proved to be very busy and productive for our council. We were fortunate to host speakers whose presentations were timely, valuable and inspirational. Denis Olivier from Canadian Mental Health Association spoke on Mental Health Awareness; Krista Craig told us about the many services provided by Good Shepherd in Hamilton; and Teresa Hartnett, Director of Family Ministry, Hamilton Diocese, presented an uplifting talk entitled "Life, Love and Being a Woman".

We planned a Communion Breakfast for our membership drive in October, with the intention & hope of attracting new members. We decided to print postcard-sized invitations which we handed out to every female parishioner after all Masses on the weekend prior to the event. We also distributed these invitations through our elementary school, where they were sent home to all school families. This "personal touch" worked very well to attract new faces to our meeting!

This year at our annual Service Pin Presentation night, we celebrated 6 new members, 6 five-year members, two members who earned their 25-year pin, two who reached the forty-year benchmark, and two wonderful members who were given Maple Leaf pins for their long-term and extraordinary service to our council. In addition, we are so proud of Mrs. Yolanda Fleming who was nominated for, and received, the prestigious Bellelle Guerin award for her continuing devotion to our council and her commitment to the values and objectives of the League. During Advent we turned our efforts toward the needy and at-risk in our neighbourhood, raising money with our annual Bazaar to support Partnership West Food Bank, the Compassion Society, Next Door Social Space, St. Vincent de Paul and the Good Shepherd in Hamilton. In addition, we partnered with other churches in our Aldershot community to host a Community Christmas Day dinner which served approximately 500 people.

We thanked our membership for their work and support with our own Christmas dinner which attracted a great crowd. A free-will collection was taken up which was used to provide an "adopted" family with gifts of clothing, food vouchers and toys to ensure a warm and happy Christmas.

In the new year we are planning to continue our support of local needs by hosting Pancake Tuesday, a Soup and Bun night during Lent, and a Spring Fashion Show. One parish initiative in which we intend to become more "hands-on" is the Catch 18 building project undertaken by Habitat for Humanity in our city.



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(Holy Rosary, Burlington - Continued)

We are not a large council, but we are committed to raising awareness and bringing information to our membership, as well as continuing to serve our parish, our families and our community. With the help of God and Our Lady of Good Counsel, we are determined to do so.

Suzette D'Aoust, President

St. John the Baptist Burlington ON

We undertook a project called "The Giving Tree". Through Nov. and Dec. parishioners could choose a paper ornament indicating an item to purchase. The representative from the Good Shepherd in Hamilton filled two and a half SUV loads with all NEW, QUALITY items for men, women and children – sleeping bags, pyjamas, slippers, housecoats, socks, underwear, feminine products, diapers, kleenex, toilet tissue,, gift cards, etc. Overwhelmed by the generosity of our parishioners, we received a certificate of gratitude from the Good Shepherd. It read "Your kindness has helped build hope and restore dignity."

Lori Skinner, President

St. Raphael Burlington ON

We have experienced a busy 2018! Although we have 90 registered members; we have approximately 25 active members; nevertheless these ladies have been able to accomplish a great deal. We started off the year by inviting the ladies of our parish to a "free luncheon" after the 11 a.m. This occasion was used as recruitment tool. Roseanne Sogan from the diocesan executive spoke to those in attendance sharing her personal experiences as a member of the CWL and why she joined the league. We were successful in enrolling 10 new members. Good job Roseanne!



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(St. Raphael, Burlington – Continued)

One question we asked ourselves - "How can we support our council's activities and donate to various charities with only \$8.00 from each annual membership?" Our fee is \$30.00. We held our annual Dessert Card Party in early May where those who attended enjoyed wonderful desserts; door prizes and had an enjoyable evening with friends. To supplement the monies raised from the card party, we decided to hold a Fashion Show with fashions provided by Jus B' Gauze, a store located in our neighborhood. The store provided models along with four brave ladies from our council. What fun we had!! We also sold "re-purposed Jewellery" and small knitted animals and provided delicious snacks and refreshments. We had such wonderful positive feedback from those who attended and those ladies who heard from their friends, that we decided to hold another fashion show in mid-May 2019 featuring Nygard fashions.

Our council's primary goal is not fundraising but we needed money to support our council's projects and still have funds to donate to organizations such as St. Vincent de Paul; Good Shepherd, Hamilton and our parish projects. Our council has been focused on issues pertaining to the sanctity of human life e.g. "March for Life", Ottawa; held 12 Hours of Prayer for Palliative Care and will host a workshop with Halton Alive entitled "Called to Life".

We will be celebrating the 60th. Anniversary as a council in April and have many events planned to mark this special milestone. May our Lady of Good Counsel guide us in our future endeavours.

Helen Sheehan, Co-president

Annunciation of Our Lord Hamilton ON

In September, our treasurer, Cathy Bellingham, organized a parish cereal drive. We collected 164 boxes of cereal which were donated to the Hamilton Out of the Cold program. This project was highlighted in "On the Spot", on the CWL National website in November.

Throughout the 2018-2019 year, our council is selling Porchetta sandwiches to parishioners to support projects with our 2 feeder schools. We will be sending 1 child from each of the schools to day camp for 1 week in the summer. We will also provide a bursary to a graduating grade 8 girl from each school for Christian service.



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(Annunciation of Our Lord, Hamilton - Continued)

Our council has also partnered with the parish Knights of Columbus council on a couple of initiatives. We are organizing a co-sponsored parish retreat in the spring. In addition, we are jointly purchasing a memorial to the unborn child which will be installed at the front of the church.

Claudia Brown, President

Corpus Christi Hamilton ON

281 lbs. of food were delivered to Neighbour to Neighbour Food Bank on October 5. Corpus Christi CWL in Hamilton held their annual Fall Food Drive in October and opened it up to the whole parish, rather than just their October meeting.

They challenge all CWLs to meet or top that amount of non-perishable food. The Hamilton food bank was very appreciative to receive so much because in the summer the donations run dry with schools and organizations taking holidays.

The trunk, back seat, and front passenger seat were packed with food!



Barbara Fanson, President



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

St. Gregory the Great Hamilton ON

On November 25th, 2018 we proudly celebrated our Golden Jubilee as a Catholic Women's League at St. Gregory the Great Slovenian Parish in Hamilton. This important milestone brought us together to celebrate 50 years of dedication by our League to the needs of our parish and our local community.

The day began with a Mass celebrated by Father Drago Gačnik, our spiritual advisor and pastor. In his homily, while pointing out ways in which our League has contributed to our church and community, Father Drago also noted how volunteering services can add fulfilment to our lives. The Slovenian and English choirs sang beautifully and exquisite flower arrangements as well as a banner to commemorate our 50th Anniversary as a League adorned our church.

On this day we honoured our charter and founding members, as well as our 50 year members and past presidents. We also remembered deceased CWL sisters and those ladies who could not be with us. Founding members which truly deserve special recognition for leading the way include: Joža Šušteršič, Pavla Pelcar (50 years), Marija Vode, Marija Brancelj, Elizabeta Farkaš, Elizabeta Ferko, Elizabeta Ftičar, Lojzka Saje, Elizabeta Tanko, Marija Žerdin, Francka Cestnik (50 years), Tončka Demšar, Iva Dolenc, Elizabeta Farkaš (50 years), Marija Grebenc, Pavla Horvat, Milena Krušič (50 years), Terezija Sarjaš (50 years), Nežka Sevšek, Angela Škerl and Jožica Vegelj.

Our 50th Anniversary was celebratory in nature. About 250 CWL persons in attendance enjoyed a banquet meal and an entertaining play recounted five decades of our League's work. Joan Schurter joined us for part of our celebration. She shared her positive experiences with League sisters in addition to information about the CWL's 100th Anniversary in the Hamilton Diocese in 2020. Based on freewill donations we were so pleased that we were able to make an offering to Point Cares, a charity with whom our main cook for the day, Jason Young from Young's Catering has close connections. At the end of our program Father Drago Gačnik on guitar accompanied by several children aptly led us all in singing 'Mi se imamo radi,' translated as 'We like each other!'

Our 50th Anniversary as a Catholic Women's League at St. Gregory the Great Slovenian Parish in Hamilton was a truly memorable occasion. Going forward with renewed energy as well as the faithful support of our spiritual advisor, members and our parish community we will continue to further our spiritual development and witness to the love of God through ministry and service.



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(St. Gregory the Great, Hamilton - Continued)



Rosemary Sustersic, President

St. Luke Hamilton ON

Honouring our senior CWL Members

It has been said that a CWL Council is only as strong as the members of it. We at St Luke's are so blessed to have the friendship & support of one hundred (100) members who are willing & able to help out whenever the need arises.

Of our membership we currently have six (6) members who are over the age of ninety (90).



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(St. Luke, Hamilton – Continued)

Our oldest member just passed away recently at the age of one hundred & four (104). She kept her membership up throughout her adult life. Another member who just turned ninety-six (96) still comes out to our General Meetings for the faith & friendship which she enjoys with her fellow sisters. We honour our very senior members with complimentary memberships each year.

Our organization Chair contacts them personally & she has said that these senior ladies are always pleased to hear from our Council & be included in our membership. We also have fourteen (14) members who are over the age of eighty (80). Many have served in the past as Presidents or on our Executive. Many still are actively involved in the workings of our Council. Their insight & past experience is of great value to our currently serving President & her Executive.

Please let us all remember these dear ladies & value them for their on-going support of our CWL Councils. They have so much to offer us & deserve to be honoured through memberships, phone calls, cards, personal visits & our prayers.

May God continue to bless us with their presence in our lives.

Lori Graf, President

St. Margaret Mary Hamilton ON

We have had a busy fall with the Bake sale, Parish Bazaar and our "Twinkle Toes" project. The project consisted of new socks and purses filled with toiletries. We were able to donate 400 socks for men and women and 50 purses. In March we have Krista Craig, Men, Women and Brothers from Good Shepherd guest speaking at our council meeting. We will be inviting all members of our parish and anyone interested from other councils. June is our annual dinner and our guest speaker is Lisa Owens, President of Cancer Assistant Program. Our ladies will continue to volunteer where needed, prayers and funeral luncheons. Over the summer we will be planning our 2019-2020 year of activities, guest speakers and ways to meet and include our parish with our directives and involvement in our community.

Ann McConnell, President



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

Holy Rosary Milton ON

Holy Rosary Parish, Milton is blessed with another successful year filled with a growing membership, faith based sisterhood, and lots of activities.

Our warmth and comfort initiative included:

- A Socktober collection resulted in over 250 pairs of socks being collected and donated to local charities.
- A donation of twenty-four (24) boxes of women and children's clothing to support the YWCA Women's Shelter in Iqaluit, Nunavut
- Donation to Halton Women's Place
- Winter Coat and Boot Drive
- Donation to St. Vincent D"Paul

Other activities:

- The establishment of our Prayer Shawl Ministry
- Advent and Lenten Retreats
- Fall and Spring Rummage sales
- Honoring our veterans at the Remembrance Day Wreath Ceremony
- Christmas Bazaar and Tea Room
- Presentations on Naturopathic Medicine & Healthy Living and Mental Health
- Celebrating our members with a Pinning Ceremony and Reception
- Installation of new officers
- Ongoing sale of religious items
- Our Lady of Good Counsel Mass and Crowning of Mary

Additional donations were made to the following charities: Darling Home for Children & Townsend-Smith Foundation (Palliative Care), Chalice, Sharelife, Conquest Boys, Challenge Girls, Catholic Missions Canada, Serra Club, On the Way to Bethlehem and our local schools. We wish to thank our Spiritual Advisor and our Parish Assistant, Sister Kathleen O'Neil for their encouragement and prayers as well as our members for their love and commitment to the CWL and in making this a very successful year.

Nancy Fellows, Past President



PARISH COUNCIL REPORTS

HAMILTON REGION continued:

St. Dominic Oakville ON

We collected 159 pairs of socks and \$70. which went towards mailing the boxes of socks. The socks were sent to Whitehorse, Yukon. It was the result of 3 CWL councils cooperating to make it happen. Our council collected the socks. Jeanne Wilson, Life member from St. Matthew Parish who had lived in Whitehorse until 2 years ago and her friend who was visiting from Whitehorse packed and mailed the socks. This CWL member from Whitehorse will help distribute the socks

The Lord works in strange ways. It may not be the way that we planned but it is His Way, connecting us as sisters in the League.

Georgina Bourke, Life member

St. Francis Xavier Stoney Creek ON

This past year was an eventful year for the CWL at St. Francis Xavier Parish in Stoney Creek. We began our year with a new (with the exception of myself as president) Executive. Both the ladies of the former Executive and the new Executive have my thanks for all the hard work which they have done. Their time and energy are always appreciated.

In January, our membership drive brought us 9 new members. Unfortunately, throughout the year, nine of our members passed away. May Our Lady of Good Counsel help lead the deceased members to their new abode with our Saviour.

Throughout 2018, our ladies volunteered at the many events of St. Francis Xavier Elementary School. They helped at the SFX Culturefest, the Meet and Greet BBQ, and many other events. The school community was very appreciative.





PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(St. Francis Xavier, Stoney Creek - Continued)

In March, we participated in the World Day of Prayer which was held at the Baptist Church. The theme for this year was "All God's creation is very good". It was a day of hearty socializing with other Christians. We also participated in leading "The Stations of the Cross" one Friday afternoon during Lent. This always leaves me weepy meditating on all that our Saviour had to bear.

In April, we had our CWL Spring Luncheon which was attended by Joan Schurter, our Diocesan President. It was a fun day to see the many members enjoying the good food and fellowship.



At our CWL Spring Luncheon, our pin recipients received their pins for 25, 40, 50 and 60 years.

In May, our ladies participated in the Crowning of Mary and also brought up the flowers to our Blessed Mother on Mother's Day. This month, we also invite the seniors from the nursing homes around our parish to a Senior's Supper. The Knights very kindly help us in entertaining them with music. The attendants tell us that the seniors anxiously await our invitation.

Our June General Meeting was very eventful. We had three ceremonies that evening. We had the installation of our new Spiritual Advisor, Fr. Francesco Cucchi. Our new Executive was also installed that evening. We also celebrated the new members with the Pin Ceremony. In September, a group of our members went to Niagara Falls to Mount Carmel Spiritual Centre for our annual retreat. It was a weekend of fun, fellowship, confabs and food. One of the highlights for me, are the Masses which we attend. Everyone leaves the retreat with her spirits soaring after such a weekend. I really recommend them!

The White Ribbon Campaign in October was a success. Many ribbons were distributed with the help of the volunteers.

In November, the St. Francis Xavier Parish has its Fall Fair where the CWL has a Bake Sale booth. This year, we practically sold out all of our goodies. Many of the ladies are very fine bakers! Some delicacies were purchased as soon as they hit the table!



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



Care for our
Common Home

PARISH COUNCIL REPORTS

HAMILTON REGION continued:

(St. Francis Xavier, Stoney Creek - Continued)

Last year, our ladies helped out in a variety of ways. They volunteered for many events and are always ready to donate to charity. We have filled many backpacks for school age children in third world countries and have also filled many Christmas Shoeboxes. We have gathered food and clothing for Good Shepherd. We have filled purses for women in Martha House and gathered belts for men in shelters. Also, we have worked on Milk Bag Mats for people in third world countries. I am so proud of our ladies who always try to give of themselves for others.

This year, we are preparing for our 70th Anniversary and we are expecting to have quite a few activities for the ladies. It should be another eventful year.

Francesca Simone, President



Hamilton Diocesan Council
The Catholic Women's League of Canada



Care for our
Common Home

CARE FOR OUR COMMON HOME

PARISH COUNCIL REPORTS

KITCHENER REGION:

St. Teresa of Avila Elmira ON

Last October, on the Feast of St Teresa, we held a beautiful prayer service that included music lead by our choir.

In November, we had a guest speaker from the House of Friendship talk to us about homelessness and she had lots of stories about the men in the shelter and the staff and volunteers there. We started a campaign to collect the top needed items for the shelter and the parishioners were so generous!

Our Christmas potluck that follows Mass is a time of fellowship, good food and we especially enjoy it when we get to reveal our secret sister! Our sock campaign was a very successful collecting over 252 pairs of socks, 27 PB and 25 crackers.

Barb Vodicka, President

ST. MARY IMMACULATE ELORA, ONTARIO

During the fall months our league supported the parish bazaar and bake sale. We also had our service pin presentation and our memorial mass. Ladies from our league planned and redesigned the Children's Liturgy room, to make it a safe and spiritual space. In December we collected 300 pairs of socks that were donated locally. We ended the year with our sisters from St. Joseph's Fergus at the annual Christmas dinner.

YEARS OF SERVICE PINS PRESENTED TO MEMBERS

IN 2017

25 YEAR PIN: Doreen Cook, Dianne Olinski

40 YEAR PIN: Colleen Cudney, Mary Ann Scharman, Nancy Tucker

55 YEAR PIN: Margaret Ross

60 YEAR PIN: Doreen Kurtz

65 YEAR PIN: Betty Weadick, Grace Driscoll



Hamilton Diocesan Council
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CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

(St. Mary Immaculate, Elora – Continued)

IN 2018

25 YEAR PIN: Cindy Mulligan

40 YEAR PIN: Debbie Salter, Margaret Vervoort

50 YEAR PIN: Mary Klein, Rosemary Downey

55 YEAR PIN: Pamela McDaniel

60 YEAR PIN: Frances Mantler

Cindy Mulligan, President

Basilica of Our Lady Immaculate Guelph ON



The Basilica of Our Lady Immaculate hosted a Saturday morning workshop, with Shari Guinta – National 1st Vice-President & Chairperson of Spiritual Development on the new national strategy and we had 38 members from four councils and our Diocesan president – Joan Schurter attend.



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

(Basilica of Our Lady, Guelph – Continued)

The workshop provided much needed clarification and an opportunity to ask the questions that have arisen since the strategy was rolled out in August 2018. Judging from the enthusiasm on Saturday the Catholic Women's League of Canada is all set to go at the grassroots level. All councils should consider have this kind of joint event in order to understand more clearly just where we are heading for the future.



Jakki Jeffs, President



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

Blessed Sacrament Kitchener ON

Parishioners of Blessed Sacrament in Kitchener rallied around Judy Knight, our President and our CWL sisters to make the CWL theme of Homelessness a giant success. We were able to collect 1,482 pairs of socks, 381 jars of peanut butter and 121 boxes of crackers for a total of 1,984 items collected! These were then distributed to the neediest shelters in the K-W area. It is amazing what can be done when we all work together to make any project a success!

Anne Didio-Crawford, Secretary

St. Aloysius Kitchener ON

Our council had a wonderful year. We hosted a Valentine's card party and donated the proceeds to a worthy charity. We attended a mass with the Carmelite sisters in St. Agatha in May. We hosted our annual Christmas Bazaar and Senior Dinner which were well attended and successful. We invited St. Kateri school choir to sign for the seniors at the dinner. It was nice to have the children there. The teachers went over and above in preparing them for this event. Our group joined in the Toasty Toes campaign. Our parish collected 375 pairs of socks and \$125.00 for the homeless. Toasty Toes is an excellent group. The additional \$125.00 helped to contribute another 125 pairs of socks as the group has a supplier that will provide socks at \$1.00 a pair. Our group also assisted in getting those socks shipped from Montreal to Kitchener.

Kim Ansty

St. Anthony Daniel Kitchener ON

We, the ladies of St. Anthony Daniel CWL in Kitchener decided to try something different for our meeting in the cold and dreary month of January. Since we couldn't count on the weather for the ladies to drive at night, we decided to hold an afternoon meeting on January 10, 2019.



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

(St. Anthony Daniel, Kitchener – Continued)

We served 4 different soups made by some of the Executive, buns and different homemade desserts. We had a very good turn out to this wonderful luncheon. Our meeting followed with 45 ladies able to attend during the day. We presented our Budget and were able to have it approved by the ladies in attendance.

We also discussed how we were going to distribute the 1,415 pairs of socks that were collected for the homeless in our area. We are so proud of our ladies and the Parish members who assisted us in this endeavour. We donated the socks to seven different charities in our area who were very grateful to receive them.

Barb Gehl and Theresa Miller, Co-presidents,

St. Teresa Kitchener ON

Warmth and Comfort Project – We started collecting socks on December 1st and when done on December 31st we had collected well over 500 pairs of warm socks for men, women and children. Children's socks were delivered to the school and three members of the Catholic Women's League delivered the socks to the Working Centre and to St. John's Soup Kitchener.

Christmas Bazaar - Thank you to all who helped, donated. We have an amazing bake table, craft table, used table, Right to Life gift table, quilt raffle table and a raffle with many beautiful donated prizes. We made slightly more than \$2000 which we use for Masses and gifts, as well as donations to needy causes within the Parish, Church, and community. We also have a sausage dinner with the fixings on Saturday evening and an Egg McMuffin breakfast on Sunday. It is a favorite for many and all made by a family in the parish. We had a good time and we try our best to please everyone.

Visiting Shut-Ins – many ladies took the time to visit 27 ladies and gentlemen. They were very happy to see someone from the parish. Such a great ministry.



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

(St. Teresa, Kitchener – Continued)

Twilight Retreat - Thank you to all who attended the parish Twilight Retreat on Tuesday, January 15th. Father Michael King led us on a journey of his path from his first calling to his role of Hamilton Diocesan Vocations Director. Ended the evening with a beautiful Mass by Father Michael celebrating and honoring the Deceased members of the CWL and parishioners of St. Teresa Parish. A special thank you to our men's catering team who provided us with a delicious, hot and plentiful supper. They serve us right at our table with a smile. Much appreciated by all the women.

I'd like to thank all our members for all their help over the year to help with all these special events and ministries. My sincere appreciation goes out to all of you who give so much.

May Our Lady of Good Counsel continue to guide us in all we do for God and Canada.

Ann Onn, President

Holy Family New Hamburg ON

November was a busy month for our members. On Saturday November 17, 2018 we held our annual bazaar. The community and our parishioners were again generous in supporting our bazaar. It is always a lot of time and work putting it together but we always end up having fun and the monies raised go toward charities and projects our members select to help others. This annual event has such a good response from our members. It is wonderful to see like-minded women all working together.

On Thursday November 29, 2018 our CWL hosted an Advent Retreat for all parishioners. The Theme was "What can be brought to life in you? How is God calling us this Advent? Reflection on Mary's Extraordinary Advent Journey." We were most fortunate to have Dr. Anne Jamieson, Director of Catechesis for the Diocese of Hamilton as our presenter. What a wonderful way to begin getting ready for our Lord.

Lastly we presented The Ella Monaghan Scholarship to a young parishioner, Kate Toman who is attending Seat of Wisdom College in a Bachelor in Catholic Studies Degree.

Mary Lou Murray, President



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

**St. Agnes
Waterloo ON**

We are blessed with a core group of women who are faithful, committed members of our League and who are supportive of all initiatives and events.

We had a dinner out at Golf's in early December which was very well attended. It had been a few years since we shared a meal out at a restaurant, and everyone enjoyed the fellowship and good food. It actually brought out several members who are not regular attendees of our general meetings. Good food and a glass of wine seems to be a good combination!

This past November, we held a luncheon meeting following our 11:00am Mass. We asked a number of members to bring their favourite soup in a crock pot and along with bread/buns and a few trays of sweets we were able to offer a free, delicious home cooked lunch. At this meeting, we planned to present our Anniversary Pins to our members. The invitation was extended to family members of our pin recipients, as some of our members are quite elderly and would need a ride. One such 60 year pin recipient brought 7 members of her family - 4 generations! She was thrilled to receive her pin in front of her family and fellow sisters in the League. We received a lovely thank you card from her as well as from one of her daughters telling us how much they appreciated being present as a family to receive the recognition.

Julie Nafziger, President

**St. Louis
Waterloo ON**

This fall we held our annual CWL Spaghetti Supper Saturday Sept 29th, 2018 and held our annual CWL Mission Craft and Bake Sale in late November 2018.

Our gym was at full capacity for both events. Our parishioners brought the salads and desserts for the Spaghetti Supper. CWL prepared the spaghetti and meat balls and raffled off cakes at the Spaghetti Supper. We enjoyed a night of good food and good company. These proceeds help us run our monthly CWL meetings and help us to pay for our guest speakers etc.

With regards to our Mission Craft and Bake Sale, our church community and CWL members donated items, baked goods, Succulents, hanging plants and crafts for us to sell. It's wonderful to see our church community donate and then buy back these items, crafts, plants and bake goods year after year. All proceeds went to our selected Missions.



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

KITCHENER REGION continued:

(St. Louis, Waterloo - Continued)

Our church also participated in collecting socks, hats, mitts, gloves, crackers and peanut butter for the CWL Warmth and Comfort Initiative held in December. 288 pairs of socks, 87 hats, 26 scarves, 36 pairs of mitts/gloves, 37 jars of peanut butter and 33 boxes of crackers were donated to various shelters in our community and St. Vincent de Paul hamper in our parish.

It is wonderful to see families come together at our events, men, ladies, young and old, young adults, teens, children, relatives and friends, all under one roof. Our CWL ladies can cast a large net to bring our church community together. We all enjoy the benefits of getting together and sharing quality time under one roof.

Thanks to all the CWL ladies, Fr. Phil Reilly, our volunteers who include our men, youth group, church community, Team Dave, all our friends, and sponsors who donated food, and anyone I missed who put in time, donated money towards our Spaghetti Supper, Our Missions Craft and Bake Sale and the CWL Warmth and Comfort Initiative.

With this combination we have made all our events and initiatives a success. Way to go ladies!!

Rosanne Scarfone, President



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

NORTHERN REGION:

Mary Immaculate Chepstow ON

The month of October brought our third annual "All Saints Party" where the children dress up as their favorite Saint, share their Saints story and enjoy an afternoon of crafts, songs and a video "Opus Joyous" presented by Jason Taylor. Jason spent many months creating and finalizing this epic Catholic video series made for children. It is available on DVD if anyone is interested. The website is www.opusjoyous.com.

Sharon gave a presentation on "The Travelling Crucifix" at our October meeting. Bible study continues every Friday, weather permitting. We are studying "Acts of the Apostles" by Jeff Cavins. Card games started in September and are every Tuesday alternating with St. Joseph CWL Cargill.

For our November meeting, Lucie Desbiens of Port Elgin gave a talk on Walkerton's Sacred Heart High School religion class school trip to Toronto to give out food and clothing to homeless men. Our CWL donated socks for their next trip. It was Chepstow's turn to host the Communion Breakfast this year; we alternate with Cargill. We also had a bake sale (along with a donation) as part of a fundraiser for a Columbarium to be built in our cemetery.

For our December meeting, we had a pot luck dinner. We had a Mass said for our ill and home bound members. Instead of a gift exchange, we brought in donations for the Walkerton "Grow" Maternity home. Donations were given to the local food bank, Catholic Mission in Canada, Holy Childhood Association, Chalice sponsor child and Euthanasia Prevention Coalition. We do not have a January meeting but decided to have a soup and sandwich social after the Sunday Mass on the 27th with a good turnout given the weather was poor. We have a quilt in a frame in the basement of the church at the moment and hope to start quilting as soon as the weather cooperates.

Janice Billington, President



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

Immaculate Conception Formosa, ON

Members of the Formosa Immaculate Conception Catholic Women's League were saddened this past year by the death of five of our members. The ladies of the CWL hold a prayer service at the funeral home, form a guard of honour at the church as well as catering the funeral luncheon, not only for CWL members but for all funerals in Formosa that need this service.

Two highlights of 2018, which I briefly mentioned at the Fall Regional meeting: In June we were pleased to serve supper and provide and serve a luncheon for Rev. Mr. John Schnurr of Formosa who was ordained a Deacon. Formosa Parish was honoured to host the 17th Annual Hamilton Diocesan Vocation Mass in September. This celebration of faith is sponsored by the Catholic Women's League, the Knights of Columbus, the Serra Clubs, and the Diocesan Vocations Office, who all set up information display tables. Principal Celebrant of the Mass was the Most Reverend Douglas Crosby, OMI, Bishop of Hamilton; Concelebrants were Father Michael Anderson, Pastor Immaculate Conception Parish, Formosa; and Father Michael King, Director of Vocations and Priestly Formation, Diocese of Hamilton. Also assisting was Rev. Mr. John Schnurr of Formosa. Following Mass everyone was cordially invited to a reception hosted by the Formosa CWL at the school gym in Ecole Immaculatee-Conception. Special thanks to the 16 CWL Councils in the North Region who all contributed financially to the luncheon. What a grand celebration!

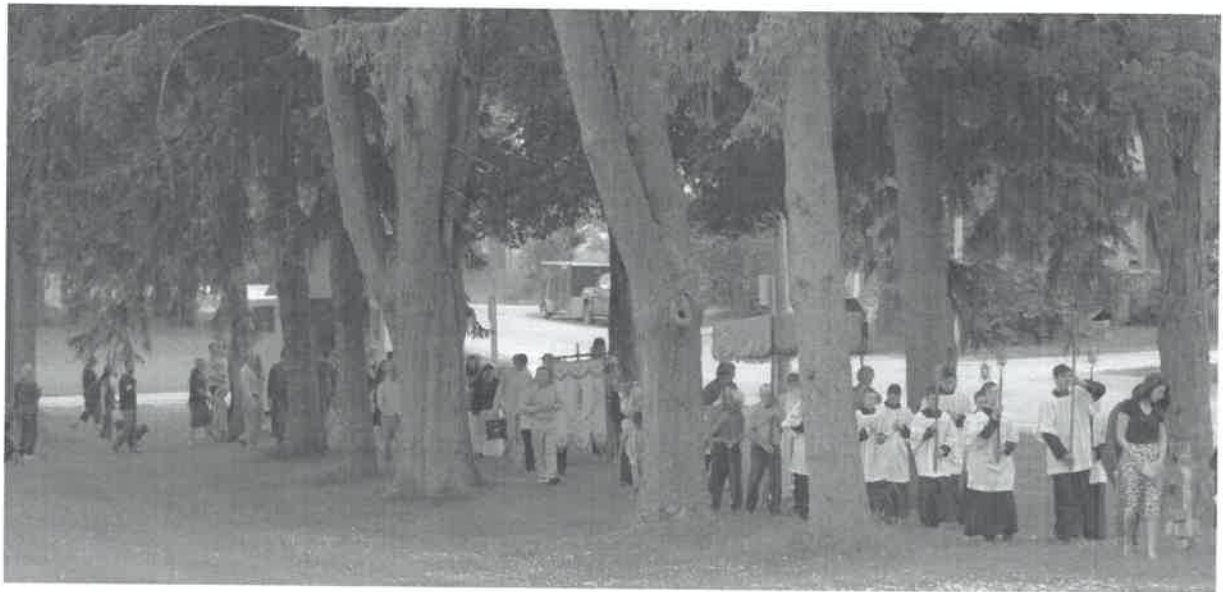
The Formosa Parish annually celebrates Corpus Christi with Mass at 11 am and then a procession that follows the perimeter of the church property through a beautiful walkway lined with pines and maples. The four field altars are carefully kept in good repair by the parishioners and decorated by the CWL ladies. Leading the procession were several children sprinkling flower pedals on the walkway, church groups including the CWL carried their banners, the parishioners joined in and our priest Father Michael Anderson carried the Blessed Sacrament stopping to offer prayers at each altar. The procession concluded with Benediction in church and the festivities continued with an attractive and delicious luncheon at the Parish Hall. We are most fortunate to have the land available to continue this tradition that began in Formosa in 1862 by Formosa's first resident priest, Rev. Archangelus Gstyr.



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

(Immaculate Conception, Formosa - Continued)



We find that the ladies are just marvellous at coming out to help at CWL, Church and Community events and fundraisers but, as with many organizations, not always crazy about coming to a meeting. We are trying to coax the ladies out by having "something different". At our Christmas dinner meeting forty ladies attended and instead of placing a candy table favour at each plate we purchased forty gifts (i.e. Christmas decorations, expandable shoe horn, bottle of wine, knitted dish cloths to name just a few) and placed one at each table setting. There were six ladies at each table and a dish with a pair of dice. The dish was passed around the six ladies all during the meal. If someone rolled a double, she took her gift and exchanged it anywhere in the room for someone else's gift. There was much mingling and visiting as a few of the favourite table favours were exchanged many times, one even fifty times. The ladies are still giggling about the great fun. Looking for a cute new idea, give it a try. We have a few more fun tricks up our sleeves for some upcoming meetings. Stay tuned. Wishing everyone a holy, happy, healthy and fun-filled 2019.

Joan M. Borho, President



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

Holy Family Hanover ON

Our CWL council enthusiastically responded the Provincial Council's Warmth and Comfort project by issuing a request to its members and others in the parish to donate socks, peanut butter and crackers.

Through email newsletters and parish bulletin notices, the request went out. Our plan was to gather the items and distribute them through our parish St. Vincent de Paul Society as part of their annual Christmas giving program.

CWL members attending our annual Christmas party in early December were asked to bring their sock donations along. We erected a bare Christmas tree with the intent of making it a giving tree of socks.

As you can see, it was a huge success. The tree was heavily laden with socks and the overflow lay beneath. Even in subsequent days, the socks continued to flow in.

Peanut butter and crackers was also brought in with donors depositing those items directly into the St. Vincent de Paul food collection bin. The amount collected due to our project versus the amount collected directly by the St. Vincent de Paul Society was hard to gauge. However, on the evening of the CWL Christmas party about a dozen jars of peanut butter and packages of crackers came in.

The final count of the socks was 294 pairs. They were almost equally divided as to men's, women's and children's. The socks were primarily the warm, thick variety in all colours and patterns. There was even one pair that was hand knit and a few fun Christmas styles.

The distribution was made as planned through the St. Vincent de Paul Society in their Christmas hampers with a few left on hand for distributing as needed through these winter months. We feel confident that there are some warmer and happier feet out there this winter season.

Anne Gateman, Secretary



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

Sacred Heart Mildmay ON

Sacred Heart Mildmay CWL had a busy fall. Our kick off meeting in October explored the topic of Children and Pornography with Teresa Harnett, giving us tools and a voice to speak out and look at solutions. As well our league hosted a Festival Floral Workshop in November, a fun and creative evening for all. And our Christmas Dinner was a living evening of fundraising and breaking bread together, as well as presentation of 25 year pins. Donations from the Christmas fundraiser went to the local Food Bank and to our basement reno project. Our CWL kitchen ladies prepared several meals during the fall for various events and continued volunteer hours were put into our church basement upgrades (stage and window treatment). One new and very successful endeavour was to support our Parish Decorating Committee with a Community Bake sale on the main street of our village at the end of November.





PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

(Sacred Heart, Mildmay - Continued)



Diane Fischer, President

Sacred Heart Teeswater ON

What an amazing year 2018 has been for our Council. I would like to share just a few of the highlights that happened this fall. We hosted a brunch for Canadian Food for Children, collected Christmas gifts for Ramoth House, had a wonderful Christmas Dinner with a Christmas themed sign painting activity, planned an exciting Line Dance Social, enjoyed a Harvest Supper Fundraising Dinner and hosted an Advent Retreat. Key to the success of these events was creating one brochure that was handed out prior to Mass to all parishioners.



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

(Sacred Heart, Teeswater - Continued)

As fall went on, there were a few other activities as we coordinated Socks for the Homeless within our Parish which was a huge success and involved us partnering with our Parish School. How lucky we were to have a CWL mom help her young daughter coordinate this in/with the school. We also found time to coordinate a thanksgiving food drive.

A special presentation also occurred as Phyllis Henhoeffler was presented with the Maple Leaf Service Pin and we were fortunate enough to be able to make this presentation at Mass so her contributions to the League objectives could be recognized by all parishioners. We had a wonderful mixture of fun, food, friendship, faith and service.

Thanks to Father Anderson for his support and guidance all along our journey. We are so fortunate that he steadfastly supports our Council. As I close out my 3-year term as President it is important to thank our Diocesan President, Joan Schurter, for her guidance, support and prayers for our Council.

Anita Kreutzwiser, President

Sacred Heart Walkerton, ON

Our Communications conveners Evelyn Herman and Barb Kerry have been very active focusing on the Homeless.

This fall Sacred Heart High School students and these two ladies made 250 boxed lunches to take to the Homeless in Toronto. In the spring they made 150 lunches and took clothing as well for the Homeless. Barb and Ev went with the students in the spring to help distribute the lunches. Both said it was a very humbling experience. Barb gave a presentation at our CWL meeting on their trip to Toronto as well as the issue of Homelessness locally in our own community. Members were surprised to learn what an issue it is right at home.

When presented with the Warmth and Comfort project Barb and Ev once again did a wonderful job! They came up with the theme "Warming Your Soles" From October to end of December 646 pairs of socks were collected to be distributed to the Homeless and those in need.

Members collected and filled boxes for Operation Christmas Child in November. Then SHHS students and these two CWL members went to Woodstock to help with the filling and sorting of these boxes before being shipped to the children.



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

(Sacred Heart, Walkerton - Continued)

Speakers for our November meeting were Ken Brown and Edythe Oberle speaking about Hospice Grey Bruce and specifically about Hospice South, a local hospice to be built for south Grey Bruce residents.

This year 2019 marks the 95th Anniversary of Walkerton Sacred Heart CWL!

At our June meeting Nancy Scuba was awarded the Maple Leaf Service Pin for her many years of active service in many aspects of CWL work.

25 year pins to Donna Fischer and Mila Schnerch

50 year pins to Denise Desroches and Bernice Murray

60 year pins to Mary Soers and Audrey Grubb

70 year pins to Rita Gilbert and Grace Giesler

Judy Sloan, Co-President

St. Joseph Port Elgin ON

Our Ladies has been active over the past few months.

- In October at our General Meeting, our Guest Speaker was Vicki Lee, Diocesan Resolution Chair. She presented an informative workshop on Resolutions. It was noted that Vicki's presentation was educational and invaluable.

- At our November General Meeting, our Past President Lucie Desbiens, lead us in a "Seeing the Word" Reflection. The Ladies found Lucie's presentation a prayerful way to begin our Advent Season.

- In December, our CWL Ladies hosted a Ladies Dinner for our Parish at the Westlinks Golf Course. The weather co-operated and we had 50 Ladies plus Father Franjo attend. Dinner was excellent! CWL member Gloria Villamil invited us to play a YES/NO game which was very enjoyable and provided perfect dinner entertainment. Lovely evening!

- Over December, led by past president Lucie Desbiens, we participated in the Provincial CWL Warmth and Comfort Project and collected over a 100 pairs of socks.



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



PARISH COUNCIL REPORTS

NORTHERN REGION CONTINUED:

(St. Joseph, Port Elgin - Continued)

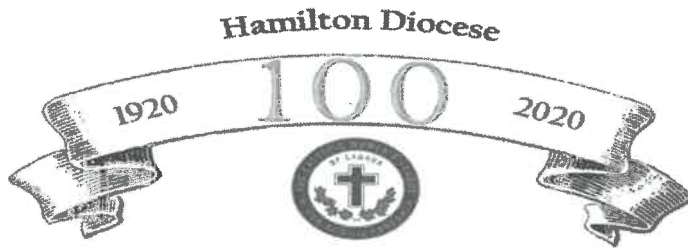
- In January, the CWL Ladies, provided Hospitality for the Confirmation group. We were thrilled to have our Jubilee Hall bustling with Confirmands, Sponsors, Parishioners, and Guests.
- We are preparing for the Regional Meeting which will be held Saturday March 23 in Port Elgin and we look forward to welcoming all.

Teresa Carolan, President



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



Wow! We are only one year away from celebrating the 100th anniversary of The Catholic Women's League of Canada in the Hamilton Diocese. Better get your dancing shoes polished now, as this year will fly by.

Can you imagine that this all began with a promise?

The League Promise

**For the glory of God and the good of God's people,
I promise as a Catholic woman to honour,
Invoke and imitate our patroness, Our Lady of Good Counsel.**

**I promise to be a loyal member of
The Catholic Women's League of Canada
And to promote its interest and growth in every way.
I promise to cooperate with officers in all programs under their
Direction and to conform to the best of my ability to the
Bylaws of the organization in all League activities.**

We invite everyone to participate in the events planned for the 100th anniversary celebration. It is a time to rejoice and reflect on the many blessings that God has graced us with over these past years.

There are a lot of exciting events planned:

- Members in Action photos: now
- Candlelight Memorial Service: spring regionals
- Tree of Life: May convention
- Time Capsule: May convention
- Day of Prayer: fall regionals
- CWL History Book: fall regionals
- Community Service Project: completed in 2019
- Anniversary Prayer Book: deadline December 31, 2019



Hamilton Diocesan Council
The Catholic Women's League of Canada

CARE FOR OUR COMMON HOME



(100th Hamilton Anniversary Diocesan Anniversary - Continued)

Reminders

Members in Action photos can be sent to: jbcotter@hotmail.com

Original prayers for the Anniversary Prayer Book sent to: chocolatemartinix2@hotmail.com

Reasons for "Why are you a member of the Catholic Women's League sent to:
cwl.ischurter@gmail.com

Check the Hamilton Diocesan CWL website for further details on the 100th anniversary celebrations.

"I give thanks to God for the gift of The Catholic Women's League of Canada in my life. As I think back over the years, I recall with gratitude the many opportunities I have experienced through the League that would not have been possible in any other walk of life. The privilege of making friends across Canada is the most wonderful gift anyone could wish for."

Vivian Bosch



Hamilton Diocesan Council
The Catholic Women's League of Canada
CARE FOR OUR COMMON HOME



2019 HAMILTON DIOCESAN CONVENTION

Please see the following pages for
the poster for the Saturday Night Entertainment at the convention
as well as the Convention Registration Package.

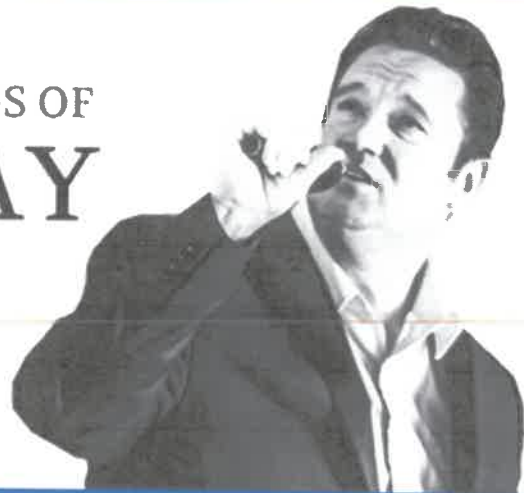
Hope to see all of you at the Diocesan Convention!!!!



Saturday night entertainment at the Convention ...

REMINISCE TO THE SONGS OF
YESTERDAY

WITH
Brad Boland



Saturday, May 25, 2019



The Hamilton Diocesan Council of The Catholic Women's League of Canada
99th Annual Convention
 May 24-26, 2019
 Delta Guelph Hotel and Convention Centre

REGISTRATION FORM

Before you register, please ensure that your Parish Council has sent your 2019 Membership to National Office, and the Parish Administration Fee have been paid to the Diocesan Treasurer.

**Registration Deadline for Hotel booking is April 23, made directly with the Hotel.
 Convention registration deadline is also April 23.**

Please COPY as necessary to complete ONE FORM PER PERSON

******* PLEASE PRINT *******

NAME: _____

ADDRESS: _____

CITY: _____ **POSTAL CODE:** _____

PHONE: _____ **EMAIL:** _____

CWL COUNCIL: _____ **CITY:** _____

REGION: BRANT HAMILTON KITCHENER NORTH

Is this your first convention? Yes No

Position at Convention

- | | |
|--|---|
| <input type="checkbox"/> Parish Council President (Voting Delegate)**
(or her alternate) ** | <input type="checkbox"/> Diocesan Spiritual Advisor |
| <input type="checkbox"/> Parish Council Accredited Delegate ** | <input type="checkbox"/> Parish Council Spiritual Advisor |
| <input type="checkbox"/> Life Member (Accredited Delegate) ## | <input type="checkbox"/> National Representative |
| <input type="checkbox"/> Diocesan Officer/Chairperson ## | <input type="checkbox"/> Provincial Representative |
| <input type="checkbox"/> CWL Member | <input type="checkbox"/> Guest (non-member/vendor/etc.) |

** Complete Credential Form next page ONE PER PARISH COUNCIL. To be sent with President and Voting Delegate registration.
 ## Complete Credential Form next page.

Please check ALL that apply

I will be attending the following events:

- | | |
|---|--|
| <input type="checkbox"/> Friday President's Preconvention Meeting | <input type="checkbox"/> Saturday Sessions |
| <input type="checkbox"/> Friday Resolutions Dialogue/Workshop | <input type="checkbox"/> Sunday Sessions |
| <input type="checkbox"/> Friday Spiritual Advisor's Meeting | <input type="checkbox"/> Sunday Banquet only |

We must INSIST on a SCENT AWARE convention

Please send pages 1-3 along with your cheque

**99th Annual Hamilton Diocesan Convention
 CREDENTIAL FORM
 President and Voting Delegate Registration**

Accredited Delegate

Position	Honorary Life Member	Life Member	Diocesan Officer/Chairperson	
<i>Please check one</i>				
First Name	Last Name	Friday	Saturday	Sunday

Parish Council: _____ Region: _____
 City: _____

Parish Council Voting Delegate

ONE FORM PER PARISH COUNCIL

Only 1 Voting Delegate per Parish per day

Day of Status (please check)

First Name	Last Name	Friday	Saturday	Sunday

Parish Council Accredited Delegates

Only 2 Delegates per Parish per day

Day of Status (please check)

First Name	Last Name	Friday	Saturday	Sunday

Return this form (one per Parish) to: Anna Brady, 303 Wellington St, Brantford, ON, N3S 4A2

This contact information will be used by the Registration Committee and Diocesan Recording Secretary for checking credentials, preparing voting cards and credential record. Information will be destroyed once the convention has completed.

Please send pages 1-3 along with your cheque

FOOD and TRANSPORTATION
99th Annual Hamilton Diocesan Convention

Please COPY as necessary to complete ONE FORM PER PERSON

******* PLEASE PRINT *******

NAME: _____ **PHONE:** _____

PARISH: _____ **CITY:** _____

Please specify any special physical needs (e.g., Mobility) _____

- Dietary Needs:**
- | | |
|--------------------------------------|---|
| <input type="checkbox"/> Dairy Free | <input type="checkbox"/> Vegetarian |
| <input type="checkbox"/> Diabetic | <input type="checkbox"/> Vegan |
| <input type="checkbox"/> Gluten Free | <input type="checkbox"/> Allergic to: _____ |

Other: (please specify): _____

Best time to contact you with regards to special needs: _____

****** Prices include ALL Gratuities and HST ******

Friday, May 24	President/Spiritual Advisor Dinner	<input type="checkbox"/> Chicken <input type="checkbox"/> Salmon	\$48.00	
	Bus to Opening Liturgy		\$7.00	
Saturday, May 25	Morning Break (Please check one)	<input type="checkbox"/> Coffee or <input type="checkbox"/> Tea	\$3.00	
	Lunch		\$30.00	
	Afternoon Break (Please check one)	<input type="checkbox"/> Coffee or <input type="checkbox"/> Tea	\$3.00	
	Dinner		\$55.00	
Sunday, May 26	Breakfast		\$25.00	
	Bus to Closing Liturgy		\$7.00	
	Banquet		\$60.00	
	<i>If attending the Banquet only, your Council President must pick up your ticket.</i>			
TOTAL MEALS and TRANSPORTATION				
Extra Annual Report Books		Number needed _____ X	\$10.00	
LATE FEE IF RECEIVED AFTER APRIL 23, 2019 (postmarked)			\$15.00	
TOTAL ENCLOSED				
REFUNDS NOT GUARANTEED AFTER MAY 10, 2019				

All cheques payable to: The Catholic Women's League Hamilton Diocese

Mail to: Anna Brady
 303 Wellington St., Brantford, ON, N3S 4A2

Phone: 519-753-5674
 Email: philpop58@aol.com

FOR CONVENTION COMMITTEE USE ONLY			Registration No. _____
Cheque No. _____	Paid \$ _____	Owing \$ _____	

Please send pages 1-3 along with your cheque

99th Annual Hamilton Diocesan Convention

Delta Guelph Hotel and Conference Centre
50 Stone Road West, Guelph

DIRECTIONS TO HOTEL

From North: Hwy 6 S becomes Woolwich, then Norfolk then Gordon St. Hotel at Gordon and Stone Road W.

Alternate: Take Hanlon Parkway to Stone Road, left on Stone Road. Follow for about 5 minutes to Gordon.

From South: Hwy 6 N crossing over #401 and follow Brock Road. Brock turns into Gordon St.

Alternate: Take #401 West to (#6 North bypass) Hanlon Parkway to Stone Road W., turning right on Stone Road W. Follow for about 5 minutes to Gordon. Hotel on right.

From Brantford: Follow Hwy 24 North to Guelph. Turn onto Hwy 6/7 (Hanlon Parkway) to Stone Road W, turn left onto Stone Road W.

From Kitchener: follow Victoria St (Hwy 7), turn right onto Hwy 6, Hanlon Parkway. Turn left on Stone Road W.

Parking entrance off Stone Road and right only off Gordon.

DIRECTIONS TO OPENING LITURGY

Basilica of Our Lady Immaculate 28 Norfolk St.

From Hotel: Go southwest on Stone Rd toward Gordon St. Take 1st right on Gordon St which becomes Norfolk St.

From North: Hwy 6 South, which become Woolwich St, then Norfolk St. Stay on Norfolk St to church.

From Brantford: Follow Hwy 24 North to Guelph. Turn left onto Gordon St which becomes Norfolk St.

From Hamilton: Hwy 6 North over #401 to Guelph. Hwy 6 becomes Gordon, which becomes Norfolk St.

From Oakville/Milton: #401 West to Hamilton cut-off. Turn right and follow as from Hamilton.

From Kitchener: follow Hwy 7 to Guelph, turn right onto Hwy 6, turn left onto Paisley Rd which becomes Paisley St, turn right onto Norfolk St.

DIRECTIONS TO CLOSING LITURGY

Holy Rosary, 175 Emma St.

From Hotel: Right onto Stone Rd W. Through light to Victoria Rd. Left on Victoria for about 6 km, to Speedvale Ave. At Speedvale, turn left. Three streets on left, turn left onto Reinfield St. and follow to Emma (8.5 km.)

From North: #6 South becomes Woolwich at Woodlawn. At Speedvale turn left. At Stevenson St N, turn right. Emma Rd on left.

From Brantford: Follow Hwy #24 N to Guelph. Turn onto Hwy 6/7 (Hanlon Parkway). Travel north onto Speedvale. Past Woolwich to Stevenson St N, turn right. Emma Rd on left.

From Hamilton: Follow instructions to hotel, then from hotel as above.

From Oakville/Milton: Follow instructions to hotel, then from hotel as above.

Hotel parking is complimentary over the weekend.

CONVENTION CO-CHAIRS:

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Please send pages 1-3 along with your cheque