

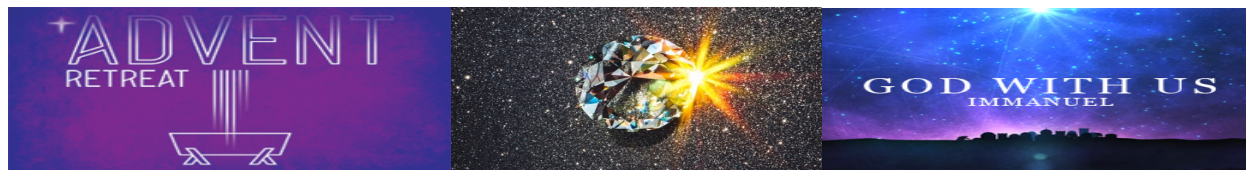


Hamilton Diocesan Council
of
The Catholic Women's League of Canada



Welcome Home!

2021 HAMILTON DIOCESAN VIRTUAL RETREAT



("God with us" ([Matt 1:23](#)) means peace ([Luke 1:79](#), [2:14](#)))

Sunday, December 19, 2021 - 7pm

Dear Sisters,

We invite you to join us for a virtual Advent Vigil Retreat Sunday evening at 7pm.

The retreat theme is **"Sparkle & Peace"**.

Participants are asked to bring a candle and lighter and to following the preparation outline in the body of the email.

The goal of the retreat is to provide peace to our minds, hope in our hearts, meaningful reflection, and an opportunity to recharge our awareness of God's love through in the presence of the light of Christ in each of us. It is an opportunity to recharge and sparkle God's way!

I have provided a preparation retreat prayer on the proceeding page, as well as the following helpful suggestions to help prepare for the retreat:

- ✓ Let family members know in advance that you are taking some time for yourself and request not to be disturbed.
- ✓ Turn phone ringers off or down, or preferably, remove from your room.
- ✓ Please bring a candle and lighter if you have one. If not, you can share one of mine on screen :)
- ✓ You may wish to dim your lights to quiet your surroundings and create a vigil atmosphere.
- ✓ Arrive at your computer a few minutes before the retreat start time so to settle in, make sure everything is working, and quiet your thoughts.
- ✓ Enter the zoom retreat in silence and wait for my voice to welcome you and to begin the retreat presentation.

Your Diocesan sisters and I are looking forward to spending this time with you.

Zoom LinkEvent

<https://us02web.zoom.us/j/83381369180?pwd=Q0NEUmxRa2lOSmZWt0hNakNLOG5oQT09>

Meeting ID: 833 8136 9180

Passcode: 068960

May God's blessings and favor be on our retreat!
Teresa

Teresa DiFalco, First Vice President and Spiritual Development Chair
Hamilton Diocesan Council – The Catholic Women's League of Canada

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A Prayer for our Advent Retreat

Lord, we ask for your divine presence before, during, and after our retreat. Please prepare our hearts to welcome you. Supernaturally remove obstacles and distractions that may prevent women from receiving from you.

Lord, we pray together as League sisters that have humble hearts and opportunities to serve. We pray for your words to flow through us as we listen, reflect and share. May this retreat be uplifting, encouraging, and peaceful.

We pray that these opportunities together build our connectiveness plant the seeds for deeper friendships and appreciation for one another. Lord, create a respectful and trusting community among us, and teach us to love one another.

Give us patience, endurance, and fortitude, and we pray to finish the retreat strong and without any technical difficulties. We thank you for giving this opportunity to share together in your love, glory and grace.

Lord, please keep us all healthy, rested, and full of peace always.

Amen.



Teresa DiFalco, First Vice President and Spiritual Development Chair
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