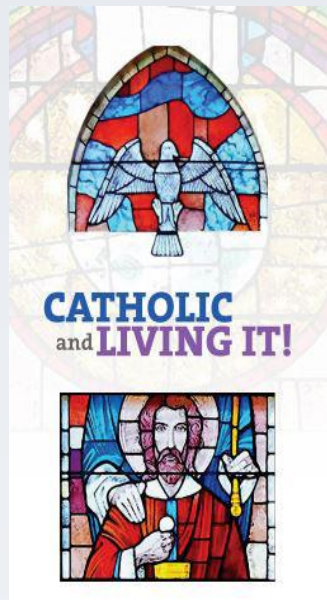


SPECTRUM

September Newsletter Hamilton Diocesan Council Of The Catholic Women's League of Canada



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President's Message

Joyce Cotter
Diocesan President

president@cwlhamilton.ca



Dear Sisters in the League: As the leaves turn their magnificent colours and start falling to the ground it reminds me of all the wonders that Christ has instore for us as we move from one season to the next.

The League has seen many changes since May from adoptions to the proposed amendments of the Constitution & Bylaws, goals of the strategic plan and changes in executive positions.

It was wonderful to hear the many activities the parish councils had planned for celebrating 100 + years in the League. As council presidents and Life Members put memorabilia into the time capsule box at convention it was a sight to behold.

Embrace our Core Values
Faith + Service + Social Justice

The 100th Anniversary Day Celebration with the Bishops on June 25, 2022 was a great success. Bishop Crosby blessed the Crimson maple and CWL plaque at a ceremony at 4:00 pm on the grounds of the Cathedral Basilica of Christ the King, Hamilton. Followed by a Celebration of the Eucharist with Auxiliary Bishop Lobsinger and a commemorative dinner to top off the event.



After numerous calls, prayerful thoughts and a willingness to serve, here is the Diocesan Officers and Committee Chairs for 2022 – 2024

Diocesan Spiritual Advisor – Father Ranjan D'Sa
President Elect/Organization – Teresa DiFalco
1st Vice President/Spiritual Development – Laura Grint
2nd Vice President/Christian Family Life – Joanne Palmer
Past President Historian – Pat Crawford
Secretary – Kim Ansty
Treasurer – Mary Clark
Community Life – Mary Mutiibwa
Education & Health – Francesca Simone
Resolutions – Mary Helwig Hall
Legislation – Kathryn Imperatore
Communications – vacant



Regional Team

North Regional Chair – Nancy Skiba

Kitchener Regional Chair – Joanne Gregson

Kitchener Regional Secretary – Sheri Bowen

Hamilton Regional Chair – Colleen Ionson

Check out the Hamilton CWL website for their bios and photos.



Parish Councils are getting back to business as they attend the Fall Regional meetings held in September to catch up on all the news. Even though we still connected through the “Chat in the Hat” virtual regional meetings, it is nice to meet face to face once again.

1. Themes: of the Three Levels of CWL:

National – “Catholic and Living It!”

-President Fran Lucas

Provincial – “Go Make a Difference”

-President Linda Squarzolo

Diocesan – “Sharing His Promise, Love and Hope!”

-President Joyce Cotter



Diocesan Spiritual Advisor

Father Ranjan D'Sa

Pastor St. Dominic, Oakville

spiritualadvisor@cwlhamilton.ca

To be – To be happy

St. Augustine in his book 'Against the Academicians and the Teacher', discusses in a rhetoric form the meaning of life. He asks the very essential question of our day to day life – why do we work so hard in life? The logical conclusion of his lengthy discourse was "Happiness". Everyone wants to be happy. But many a time we have no idea what real happiness means. We might tend to believe with the world that happiness depends on the things and events around us and how they unravel to us.

Is happiness a matter of having what one wants in order to be happy? The consumerist world defines happiness as "having what we want". If that is true then there is no doubt the world is still in search for more things to be happy for there is no limits for our wants and desires. The material gains of this world are far from giving us real happiness, for every material gain is subject to fear of loss. Therefore, St. Augustine argues that it is in our love of God that we find permanent and enduring happiness without fear of loss which can limit our happiness.

The knowledge of God, therefore, is something very essential to have true happiness. We know that we cannot know God fully here on earth. Maybe some souls have more knowledge of God than the others according to the degree of their holiness. But, to get to know God fully one needs to be eternal like Him. Then what about us, who try to seek happiness in God? St. Thomas Aquinas comes to our rescue. He tells us that we can have some degree of happiness here on earth; he calls it "imperfect happiness". So for St Thomas our happiness is attained though the actualization of our natural faculties.

What are our true faculties and how do we actualize our potentials? One thing we know for sure from the scriptures is that we are made in the image and likeness of God. So our potentials are something divine. So when we try to actualize them with worldly ways then they can never bring us true happiness. True happiness is

possible when we realize our true nature which reflects the nature of our own creator which is divine. True happiness, therefore, is within us. It cannot be increased or decreased because of the events around us. We become the reflection of God's happiness. We are God's Joy.



*"I am the vine, you are the branches.
Whoever abides in me and I in him,
he it is that bears fruit,
For apart from me you can do
nothing." John 15:5*

Pope Francis spoke that there were four pillars or four forms of closeness that he considers fundamental to the life of a priest.

Closeness to God – Pope Francis said "A priest is invited to cultivate before all else this closeness, intimacy with God and from this relation he can attain to all the forces necessary for his ministry."

Closeness to the Bishop – Pope Francis said "The Bishop, whoever he may be, remains for each priest and for every particular church a bond that helps discern the will of God. This obedience is the deepest sign of the bonds that unite us in communion. To learn how to listen and to remember that no one "owns" the will of God, which must be understood only through discernment."

Closeness to Priests – Pope Francis said "Fraternity means choosing deliberately to pursue holiness together with others, not by oneself."

Closeness to People – Pope Francis said "Our relation with the holy people of God is for each one of us not a duty but a grace."

Quotes by Pope Francis from the symposium on the priesthood Vatican Feb. 17, 2022



Organization

Teresa DiFalco

President Elect/Organization Chair

presidentelect@cwllhamilton.ca

organization@cwllhamilton.ca

Under the new structure of the League, the position of President Elect and Organization Chair will be replaced with the new Vice President position. This change is part of the newly Adopted amendments that changes the number of positions and chairs on an executive council. Councils will transition to the new structure when they hold their next council election. In the interim, councils will serve out their two-year terms under the current structure in accordance to their current roles and responsibilities.

Coming Soon!

- Revisions to the Nomination & Elections Package
- Nomination & Elections Webinars
- Information request for Parish councils
- Leadership Development Training –membership, League orientation, governance, mentoring, leadership, conflict resolution +

Stay Tuned!

- Initiatives for membership recruitment and renewal
- Innovative ways to address membership concerns
- Membership Drives preparation
- Modifications to online annual reports

Increase Per Capita Fees

Motion:

That the national per capita fee be increased from \$13.00 to \$25.00 effective with the 2023 membership year was adopted at the 102nd Annual National Convention.

League Resources and Materials

There are several resources to find helpful and educational information on the League, such as the National website, the provincial website, and the diocesan website.

The Welcome Program on that national website is one of several excellent resources under their 800 series of workshops. Each level continues to update their information so be sure to check it regularly.

Annual Reports

My goal is to increase and encourage all councils to participate in the annual reports process by providing timely information, guidelines and support during this process.

Life Membership

Diocesan and Provincial levels can nominate eligible members for Life Membership. Life Membership gives a member a permanent placement on the national council, along with voting privileges of an accredited delegate at an annual meeting and entails active service of the member. Life Membership is not an award, or a retiring gift for serving, and is not to be used as such. The Life Member must be willing to continue serving national council at all levels, when asked. The Life Member Criteria Ad Hoc Committee offered revisions to the criteria for nominating a member for Life Membership. It was announced at the National convention that the moratorium on nominations has been lifted.

Membership 2023 Per Capita Fee	
National -	\$25.00
Provincial -	\$ 3.00
Diocesan -	\$ 6.00
Insurance -	\$.50
Parish -	\$?
Total	\$34.50+

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

Highlights from the Provincial Convention

July 10 - 13, 2022



We celebrated the 75th Anniversary of The Ontario Provincial Council of The Catholic Women's League of Canada in Ottawa.



Provincial President Colleen Perry gifting a \$5,000 donation to National President Fran Lucas for the Pope Francis Papal visit to Canada.



Diocesan President Joyce Cotter at work representing Hamilton Diocese.



Newly
Elected OPC
Executive for
2022-2024

President – Linda Squarzolo

Spiritual Advisor – Most Rev. Bishop Thomas Dowd

Past President Historian – Colleen Perry

President Elect/Organization – Colleen Martin

1st Vice President/Spiritual Development – Wilma Vanderzwaag

2nd Vice President/Community Life – Karen McDonald

Treasurer – Marie-Theresa Lamphier

Recording Secretary – Anna Tremblay

Christian Family Life – Betsy Currier

Education & Health – Hilarion Mitchell

Communications – Emma Rose Rayburn

Resolutions – Mary Capobianco

Legislation – Joanna Sisk

Appointees:

Administrative Assistant – Rebecca McCarrell

Life Member Liaison – Shelley Tamas

Screening Officer – Jeannie Coleman

Book of Life – Cathy McKinney



"Go Make a Difference!"

The new provincial theme for the next two years is "Go Make a Difference!" On vacation, Linda and her husband attended a Mass at a Corpus Christi Parish in Florida. When Mass began, the choir processed to the front with the clergy leading the congregation with this hymn. It inspired Linda in her ministry and hopes it will do the same for you. Check out the hymn: Steve Angrisano's version at: <https://www.youtube.com/watch?v=EQJ4TLRy1KI>



Father Daryold Winkler's spoke on his Reconciliation Journey; sharing childhood memories; his experience of discrimination as a son of an Indigenous Mother; sharing stories of his Mother attending Residential Day School. He stated reconciliation is for everyone and that goal of reconciliation is to create awareness. Synod is about listening and connecting.

Keynote speaker Father Mark Slatter's presented on "The Different Dances of Loneliness" and referenced a book entitled "The Restless Heart". He spoke on the various types of loneliness and compared Discernment vs Differentiation. The second part of his presentation, Father Mark addressed the 10 levels of anger and the need to resolve issues so as to avoid negative impacts on the relationships in your life.

Spiritual Development

Laura Grint

First Vice President/Spiritual Development Chair

firstvp@cwlhamilton.ca

spiritualdevelopment@cwlhamilton.ca

2022 Rosary Rally

A special campaign of the Canadian Society for the Defence of Christian Civilization is sponsoring Canada Needs Our Lady (CNOL) Rosary Rally.

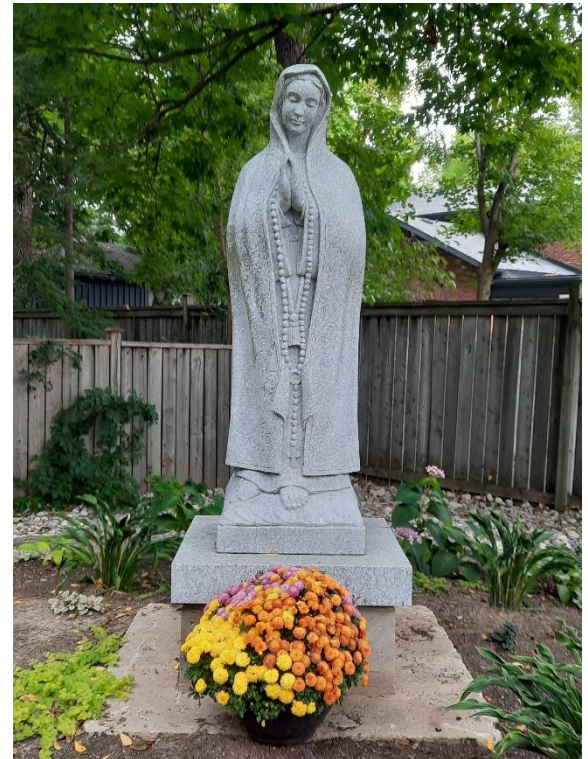
Councils or parishes are invited to host a public square Rosary Rally on October 15, 2022. This could be done in the church parking lot or in the event of incremental weather be held in the church or parish hall with the permission of the priest.

The intent of this rally is:

- a. Pray to Our Blessed Mother to protect Christianity in our country
- b. To promote the teachings and practices of the Catholic faith

The annual rally always falls on the Saturday closest to October 13 as this date marks the Feast of Fatima on which date Our Blessed Mother made her last appearance to the three shepherd children at Fatima. By participating in this rally members would be supporting Our Lady's message at Fatima.

The participating council or parish will require a captain to help co-ordinate the event with Canada Needs Our Lady. A site address of where the rally will be held is requested by the sponsoring organization. The Rosary Rally webpage can be found at: canadaneedsourlady.org



Rosary Prayer Garden
At St. Augustine, Dundas



Sign up to become a Rosary Rally Captain in 2022 and a red rose will be sent to the Shrine of Our Lady of Fatima in your name.



Download Rosary Rally resources and materials, including our manual, banner, as well as other signs which can then be printed locally.



Help expand the Rosaries Rallies and Fatima's message across Canada by **making a donation**.



Submit your Rosary Rally report, along with photos and details about the past event.



Have questions about the Rosary Rallies? Feel free to **contact us**. We will gladly answer any concerns that you may have.

Spiritual Bouquet for Pope Francis From The Catholic Women's League of Canada

29719	Rosary recitation
78,574	Sacrifice of the Holy Mass
3,988	Adoration of the Blessed Sacrament
11, 483	Acts of self-denial
6,606	Chaplets of Divine Mercy
166	Novenas
93, 839	Prayers offered for the Pope's Intentions

Education & Health

Francesca Simone

Education & Health Chair

educationandhealth@cwlhamilton.ca



Health

National Catholic Health Care Week will be celebrated this year on October 2 - 8 in Canada. You can participate by praying for others and by employing the resources which you can find at www.chac.ca.



Please consider donating blood at the Canadian Blood Services. They are in dire need of platelet and plasma donors.

Education

The deadline for the National Bursary Fund is May 15. If you are interested in becoming more active in your faith community and would like to take some courses, you will find the application at www.cwl.ca under “To Organize” – 500 Series: Forms #552. The bursary has now updated its criteria to include nursing courses since the program emphasizes ministering from conception to natural death.



Thank you to those members and councils who donated to The League National Bursary Fund. The fund received a total of \$13,485 donations from across Canada.

Two resolutions were adopted at the Ontario Provincial Council Convention. The summary for each of them may be found at www.cwl.on.ca.

The first resolution:

ON.22.01 Improve Care in Long-term Care Homes - calls on the provincial government to develop better standards within long-term care homes.

The second resolution:

ON.22.02 National Strategy to Address Loneliness urges the federal government to put a national strategy to combat loneliness into place.

This resolution has been forwarded to the national chairperson of education & health to focus on loneliness a communique and action by councils and members.

The Canadian Conference of Catholic Bishops released "Horizons of Hope: A tool kit for Catholic Parishes on Palliative Care. It can be found on the CCCB website.

Prayer for Those Suffering from Mental Health Problems

Loving Father we ask you to hear us today. Please wrap your arms around those who suffer from Mental Health issues and their families.

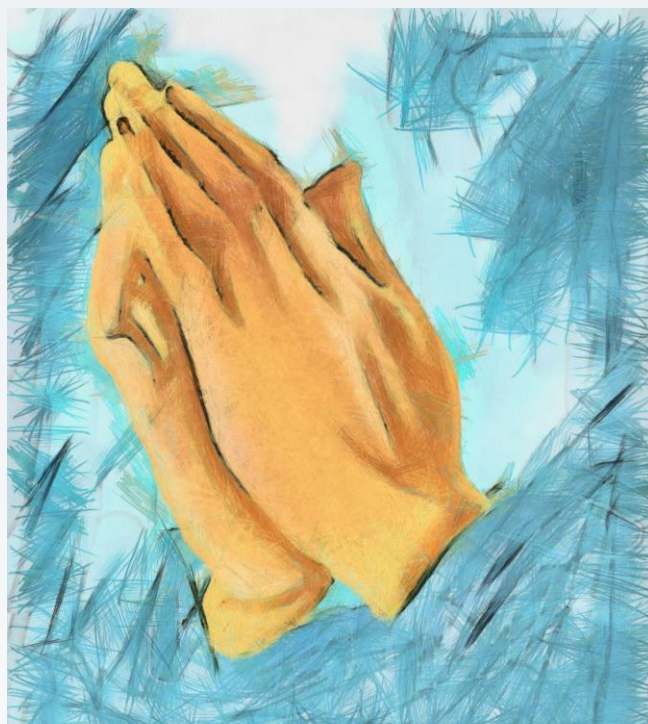
We reach out knowing that you know the needs of those who struggle with loneliness, hopelessness and darkness.

Open their hearts to hear your voice knowing that your love will guide and protect them and heal them.

Thank you loving God for your mercy and guidance. We offer this prayer through your Son our Lord Jesus Christ.

Amen.

Written by: Shani Pregelj, Shari Guinta, Kathy Shaw, Lynn West & Lucille Bordman from St. Michael, Waterloo for the "Anniversary Prayer Book"





Christian Family Life

Joanne Palmer

Second Vice President

Christian Family Life Chair

secondvp@cwlhamilton.ca

christianfamilylife@cwlhamilton.ca

One of the objectives of Christian Family Life is to protect the sanctity of Life. League members have been doing this by sending government many resolutions regarding the rights of the unborn child, so far Canada has no laws limiting abortions at any time. We as members support many prolife organizations and organizations that look after the needs of women and children. As League members, we can pray for changes to the law in banning abortion.



40 Days for Life Campaign

September 28-November 6, 2022

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer, fasting and peaceful community outreach. Each day during 40 Days for Life, individuals, churches, families, and groups will be asked to join together in prayer for a specific request. People of faith are also invited to fast. The visible, public vigil is a peaceful and educational presence to send a powerful message about the reality of abortion. (www.40daysforlife.com)

This campaign needs people who are willing to go to the physical locations and pray, but we also need those who cannot go, to commit to praying at home. Prayer is the most powerful weapon in fighting this evil. Your help is greatly appreciated.

Kitchener Region

- 1) Kitchener – Prayer Vigil 3570 King St. E. Kitchener

Opening Mass – Tuesday September 27, 2022

St. Anthony Daniel, Kitchener 29 Midland Drive Kitchener N2A 2A9

Holy Mass at 7:00 pm followed by refreshments, fellowship and a chance to sign up for hours.

Hamilton Region

- 1) Oakville - Prayer Vigil 1367 Dundas St. W. Oakville (northwest corner of Proudfoot Trail at Dundas St.)
- 2) Hamilton – Prayer Vigil across the street from McMaster Children's Hospital/McMaster University Main St. & Broadway Ave. Hamilton

Opening Mass – Tuesday September 27, 2022 at 12:30 pm

Canadian Martyrs 1349 Main St. W. Hamilton

Bishop's Mass – Wednesday October 12, 2022 at 7:00 pm

Holy Rosary 287 Plains Rd. E. Burlington LT7 2C7

Closing Ceremony Mass – Saturday November 5, 2022 at 12:30 pm

Canadian Martyrs 1349 Main St. W. Hamilton

Life Chain

Sunday, October 2, 2022

<https://www.campaignlifecoalition.com/life-chain>

Life Chain consists of pro-lifers standing at intersections across the country for an hour, silently praying for an end to abortion while holding signs with messages like: "Abortion kills children," "Abortion hurts women," "Adoption, the loving option," and "Life, the first inalienable right."





World Youth Day 2023

World Youth Day is a gathering of young people from around the world to celebrate the love of Christ for Humanity.

The Scriptural theme for 2023 is “Mary arose and went with haste”. This passage chosen begins the account of the Visitation of Mary to her cousin Mary. Mary presents herself as

a woman of charity and mission. Young people are called to be missionary evangelists for the church.

Forty young people have been invited to attend the 2023 World Youth Day Pilgrimage to Lisbon, Portugal by His Excellency, Bishop Douglas Crosby. As League members, we should support and encourage them in their ministry with prayers and consider giving financial aid either as a parish council or a member.

Serra Prayer for Vocations

O God, Who wills not the death of a sinner, but rather that he be converted and live, grant we beseech You, through the intercession of the Blessed Mary ever Virgin, Saint Joseph her spouse, St. Junipero Serra, and all the saints, an increase of labourers for Your church, fellow labourers with Christ to spend and consume themselves for souls, through the same Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, God forever and ever. Amen.

www.serracanada.com

Community Project

"Beloved children, our love can't be an abstract theory we only talk about, but a way of life demonstrated through our loving deeds." 1 John 3:18



As members of The Catholic Women's League, we are inspired by the Holy Spirit to celebrate God's unconditional love through service to the people of God. We seek to share those blessings that God has given us with our community by recognizing that unity is formed best by fostering community where we live, where we work, where we worship.

To express the themes of the League - National theme "Catholic & Living It! Provincial theme "Go Make a Difference! And the Diocesan theme "Sharing His Promise, Love and Hope, we are asking each council to be active participants in this service to others through a **"Community Service Project for the Youth"**.

This project can involve any activity that will make a difference in the life of a youth, in your parish, community, or beyond. It can be a project that you have done in the past but go the extra mile or launch a brand new idea.

This community service project is to be completed by May 2023 and an oral report will be given at the 103rd Annual Diocesan Convention in Hamilton.

Devise a Plan

- Have a Goal - decide on the who, what, when, where, why
- What is the action - steps, whose involved, completion
- Results - did you accomplish what you hoped to achieve, did you engage all members in the action, did you make a meaningful difference in the life of a youth, take photos
- Oral report at 2023 Annual Diocesan Convention,

Community Life

Mary Mutiibwa

Community Life Chair

communitylife@cwllhamilton.ca



With the rising inflation, families are struggling to keep food on the table, especially families with school age children. Many councils have had food drives and are already donating to food banks and community pantries to feed the children. Thank you!

Councils also collect hygiene products and donate them to emergency homes and shelters like the Good Shepherd's Martha House. Please see the services in your community to see if donations are desperately needed.



Councils participated in helping refugees from Ukraine settle in Canada by providing basic necessities of life and other physical and moral support.

“Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.” Hebrews 13:16

National Day for Truth and Reconciliation



Canada

September 30th is National Day for Truth and Reconciliation and Orange Shirt Day in Canada. This day is set aside to honour the lost children, the survivors of residential schools, also their families and communities. It is a day awareness of what is truth and to begin the healing through reconciliation.

Wear your orange shirt to promote the concept of “Every Child Matters” on September 30. This orange shirt has become a representation of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

Indigenous Reconciliation Fund

The Indigenous Reconciliation Fund has been established by the dioceses of Canada to provide funds for Indigenous healing and reconciliation initiatives. This \$30 million commitment (Hamilton diocese \$4 million) will support programs that work toward accomplishing Call to Action #61 of Canada’s Truth and Reconciliation Commission: healing and reconciliation projects; culture and language revitalization projects; education and relationship-building projects; and dialogues for Indigenous spiritual leaders and youth.

Councils and members are challenged to donate \$2.00 each for the next five years to support the Indigenous Reconciliation Fund.

Our Lady of Guadalupe Circle

Our Lady of Guadalupe Circle is a Catholic coalition of Indigenous people, bishops, clergy, lay movements and institutes of consecrated life, engaged in renewing and fostering relationships between the Catholic Church and Indigenous Peoples in Canada.

One of the purposes of the Our Lady of Guadalupe Circle is to assist Catholics in engagement with the Truth and Reconciliation process and its Calls to Action. The Circle seeks first to understand Indigenous Peoples and Spiritualities and their relationship to the Catholic Church. The Circle recognizes that understanding and education must lead to action for reconciliation.

Councils are encouraged to access the website ourladyofguadalupecircle.ca for information.

The Truth & Reconciliation Calls to Action can now be found in a learning and prayer guide in an interactive pdf. Full edition form. This resource can be found at: [trc-prayer-guide](#) (below is an example of the resource).



HAMILTON REGIONAL INDIAN CENTRE
E YETI YA DA NOHS DA:T OGWAK SA DAH
"LIFTING UP OUR CHILDREN"
3 Day Event!

Thursday
Sept 29th
3pm-7pm
SOCIAL

Friday
September 30th
11am-7pm
Speakers: Survivors, Elders,
Knowledge Keepers,
Community
Dancers, Drummers, Singers,
Vendors & More

Saturday Oct
1st
10am-5pm
Family Fun
Day!
Entertainment,
Activities,
Vendors &
more!

Location- Gage Park
(Bandshell)





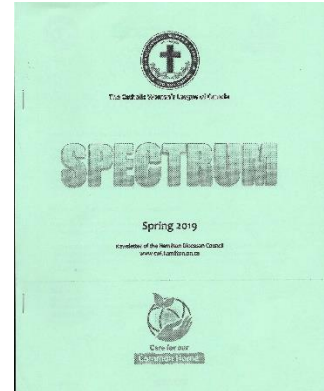


Join this event at Gage Park on National Day for Truth and Reconciliation. On this day of September 30th, we call upon humanity to listen with open ears to the stories of survivors and their families, and to remember those that didn't make it.

Communications

Newsletter

Hamilton Diocesan Council is reformatting the “Spectrum” in a new way. There will be six issues instead of two, updating information from the League every other month: January, March, May, July, September, and November.



The newsletter will be online that will be sent to the council presidents and placed on the Hamilton Diocesan CWL website.

Councils/members can submit:

- ❖ Special Event information
- ❖ Photos from event/highlights given
- ❖ Celebrations – membership pins, awards, anniversaries etc.
- ❖ Sharing Success Stories
- ❖ League resources, good websites to visit, books/articles to read

Items for the newsletter needs to be submitted a month ahead to communications@cwlhamilton.ca to be put in the newsletter. Any late items will be saved for the next issue of the “Spectrum”.

Communication Survey



The Diocesan Executive is looking for feedback concerning the Hamilton Diocesan Catholic Women’s League website. Do you use the cwlhamilton.ca website? Is the information useful? Easy to access? Resources you would like added? More Tools & Training? Send input to communications@cwlhamilton.ca

League Magazine

A hard copy of the League Magazine fall edition will be sent to member's homes. Be sure to check out all the changes that resulted from the adoption of the proposed amendments to the Constitution & Bylaws. If you are not receiving the League Magazine, please inform the National office. If you have moved, transferred membership or changed your name please inform the Organization chair in your parish council, so the list at the National office can be updated.

Resources

Check out all the new information on the National CWL website.

- ❖ New programs and workshops
- ❖ New videos "To Inspire" members
- ❖ New promotional material
- ❖ Power point presentation on League history, mission, roles
- ❖ New webpage hub called CatholicWomenUnite.ca





Treasurer

Mary Clark

Treasurer

treasurer@cwllhamilton.ca

Count your blessings and your loonies!
Reminder to have three signing officers on file
with you bank; usually President, Treasurer and

Secretary. Two must sign at all times as per our P&P and the treasurer should
have all the paperwork to back up the expense.

The administrative fee for 2023 of \$100 will be coming soon. If parish councils
have not paid for 2022 yet, please remit your payment to the treasurer as soon as
possible.

Secretary

Kim Ansty

Secretary

secretary@cwllhamilton.ca

Keep up the good work of sending
those cards/letters to the members for
special occasions, a needed prayer or just to say "thinking of you".

Keeping good minutes and sending them out to the members in a timely manner
is always a good policy.





Past President Historian

Pat Crawford

Past President Historian

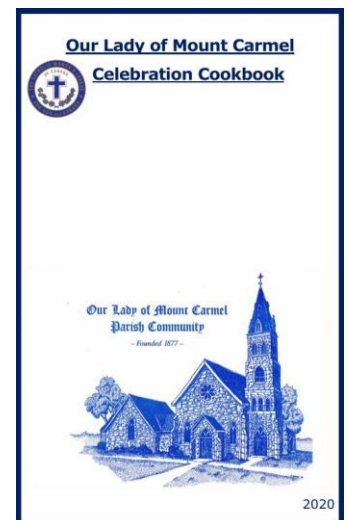
pastpresident@cwllhamilton.ca

We have a very important job in keeping the history of our councils. Make sure that your minute books are kept in a safe area. It is best to keep all records, archive material in the parish hall in a locked or secure area.

Motions book is an invaluable asset to the smooth running of your council. Record the motions at the general meeting in chronological order in a single reference.

The Policy & Procedure Manual works hand in hand with the minutes and motion book to ensure the wishes of your membership are recognized and implemented. Need help with the set up contact pastpresident@cwllhamilton.ca

At the National Convention, the proposed amendments to the Constitution & Bylaws were adopted except Amendment #2 Patroness. Therefore there will be a new form for nominations/elections. (President, Vice President, Secretary, Treasurer, 3 committee chairs) and updates to the online "Parish Council Nominations & Elections Process & Tools resource will be made. Any future elections will have these new parameters in place starting January 2023.



Resolutions

Mary Helwig Hall
Resolutions Chair

resolutions@cwllhamilton.ca

Resolutions is a position which can initiate the most change for the greater good!



The Role of Resolutions Chair is to:

- a) Research and prepare resolutions and briefs
- b) Study and implement resolutions passed by other levels
- c) At provincial and national levels, presentation of resolutions to government

One resolution was adopted at the 102nd Annual National Convention:

2022.01 Enact Federal Legislation to Reduce Food Loss and Waste (gifted by Alberta McKenzie provincial council)

Resolved, that national council of The Catholic Women's League of Canada in 102nd annual national convention assembled urges the federal government to enact legislation to reduce food loss and waste in Canada's agri-food industrial, commercial and institutional sectors.

You will find the full content in the fall edition of the League Magazine. Also a power point presentation and presenter notes from the National convention Resolutions dialogue will be posted on the National website at cwl.ca in October.

National Strategy to Address Loneliness (gifted by Ontario provincial council) was forwarded to the National Education & Health Chair for action.

Resolved, that the National Council of The Catholic Women's League of Canada urge the federal government to develop a national strategy, including creating a Minister responsible for loneliness and the establishment of a commission to address the negative impact of isolation and loneliness on individuals through policy making and program delivery.

At the Provincial Convention this resolution was adopted as well.

ON.22.01 Improve Long-Term Care Homes in Ontario (gifted by the Pembroke Diocese)

Resolved, That the Ontario Provincial Council of The Catholic Women's League of Canada urge the Ontario Provincial Government to prioritize and increase funding to improve long-term care homes by

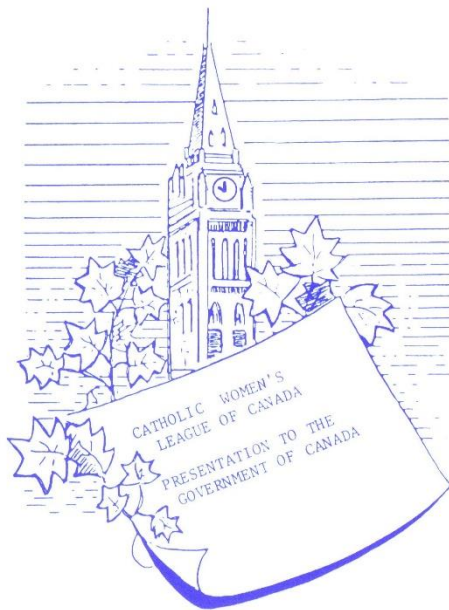
- regulating and upgrading training for personal support workers (PSW);
- increasing staff ration;
- updating infrastructure and increasing the frequency of scheduled and unscheduled provincial inspections for long-term care homes in Ontario in order to maintain the dignity of residents and provide quality and compassionate care.

	Resources Available	
620	Resolution Guide	www.cwl.ca
618	Resolutions Supplement to Executive Handbook 2020	www.cwl.ca
523	Checklist for Reviewing Proposed Resolutions	www.cwl.ca
	RADAR – framework to help evaluate information sources	

Challenge!

Have a meaningful discussion at your next general meeting on concerned issues in your community!

Resolutions Workshop coming in October! Stay tuned for the date!



Legislation

Kathryn Imperatore

Legislation Chair

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Why get involved with legislation?

- To become informed and prepared to defend our Christian values
- To effect change to better Canada

An excellent guide for writing letters can be obtained from the Personal Letter Writing Guide - Easy steps to WRITING LETTERS THAT COUNT. This can be downloaded for free from <http://www.cwl.ca>, go to Resources and choose Resource List. Click on Personal Letter Writing Guide and print it.

Stay informed on legislation pertaining to Euthanasia:

Bill C-7: *An Act to amend the Criminal Code (medical assistance in dying)*: Look for a report from Special Joint Committee on MAiD (AMAD) in October visit site parl.ca/committees/en/AMAD

Bill C-230: *An Act to amend the Criminal Code (intimidation of health care professionals)*. Please encourage members to contact their local member of parliament and ask for support on this bill.

Bill S-248: *An Act to amend the Criminal Code (medical assistance in dying)*

National Chairperson of Legislation Glenda Carson has asked the members to monitor important bills concerning the environment, human rights, child & forced labour and sexual exploitation of children in her communique #4. This communique can be found at cwl.ca under "To Act On".

How to Monitor Bills before Parliament

1. Type in
<http://www2.parl.gc.ca/Sites/LOP/LEGISINFO/index.asp>.
2. Choose from the left of the screen which bill or bills you want to monitor. These are broken down by House of Commons vs. Senate and government vs. private members.
3. At what stage is the bill at before parliament? Let's begin with what we want to monitor.
4. Click on House of Commons Private Members' Public Bills in the 40th Parliament, 3rd Session.
5. Take as an example: C-384
An Act to amend the Criminal Code (right to die with dignity)
6. Click on C-384 for information on what stage the bill is before parliament.
7. Next click on Test of the Bill. The text, as it was introduced in the First Reading Version, is available.
8. Click on each of the three items separately — the cover, summary and Bill C-384. **NOTE: IT IS VERY IMPORTANT TO READ THE COMPLETE BILL TO OBTAIN ALL YOUR INFORMATION.**
9. Go back to the summary page and click on Status of the Bill to determine the status of its passage through the parliament.

Resource: cwl.ca

The ABCs of Legislation

Judy Lewis

National Chairperson of Legislation (2008-10)



Life Members

Ana Sousa

Life Member Liaison

lifememberliaison@cwllhamilton.ca



We thank the countless women of faith who said “yes” to leadership roles and inspired us by allowing their individual strengths combine as a whole to support the faith and common good of human kind. They are women of all ages, backgrounds and geography that use their gifts and talents God has bestowed upon them to work towards a better community and world.





“The joy that comes from unity of purpose is quite tangible. It is the strongest sign of love for each other. It gives meaning to saying, “I am a member of The Catholic Women’s League of Canada.””

By Lorette Noble, National President “Love at the Centre of Life”
The Canadian League Magazine; Volume 84/No. 2/Spring 2008



Highlights from the 102nd National Convention

August 14 – 17, 2022



National President Fran Lucas with National Ukrainian President Barbara Hlus

Celebrating 100 years of The Catholic Women's League of Canada with a Roaring 20's themed dinner. Members dressed in their finest costumes and Honourary Life Members Margaret Ann Jacobs, Anne-Marie Gorman and Betty Anne Brown Davidson

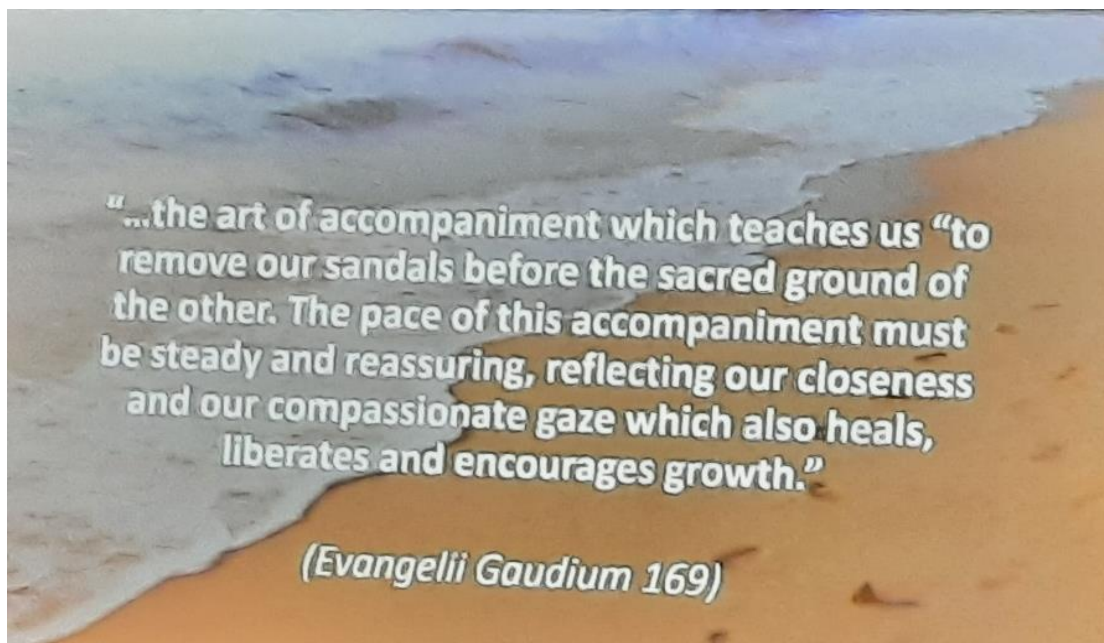
The Ribbons of Love initiative, with more than 1,100 blue/yellow ribbons prepared by all provinces were displayed into a heart that showed our solidarity with the Ukraine. All members were invited to take two ribbons – one to give as a gift and the other to keep for themselves.





Honourary Life Member Barb Dowding spoke on “The Art of Accompaniment”. Who better to accompany us than Jesus, and spending time in adoration and prayer. In listening to God, you might recognize the needs of others and invite them into your lives. Honourary Life Members gave moving accounts of those who had accompanied them in their ministry.

Elizabeth Tomlin, author of “Joyful Momentum” spoke on building a community of growing vibrant, faith filled women’s groups. She shared many personal stories on her own experiences of accompaniment. She stressed on the members having their own charisms/grace and how they can be incorporated into building up the Kingdom of God.



NATIONAL INSTRUCTED VOTE:

The following are the results of the National vote:

1. YES – Increase Per Capita Fee
2. YES – Amendment 1: Annual Meeting of Members
3. NO – Amendment 2: Patroness
4. YES – Amendment 3: Officers
5. YES – Amendment 4: Duties of Officers
6. YES – Amendment 5: Part XIII Standing Committees
7. YES – Amendment 6: Part XIV Meetings and Quorums
8. YES – Amendment 7: Part XVI Eligibility, Nominations and Elections
9. YES – Amendment 8: Part XVI Eligibility, Nominations and Elections



Members from Hamilton Diocesan Council enjoyed the National Convention in Kelowna, British Columbia



Members from Ontario at the National Convention

National Officers, Honourary Life Members, Provincial Officers, Life Members, Diocesan Officers, Parish Officers, Members and Spiritual Advisors

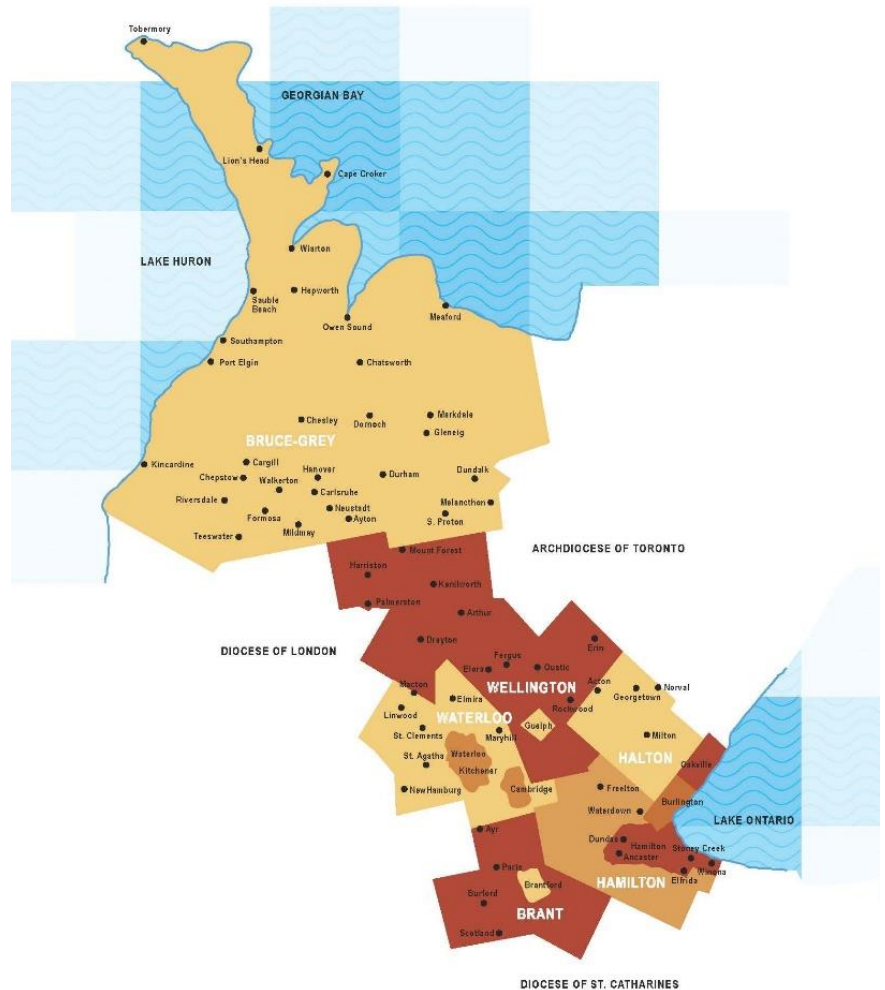
REGIONAL EXECUTIVE

North Region



Nancy Skiba, Regional Chair

MAP OF THE DIOCESE OF HAMILTON



Hamilton Region



Colleen Ionson, Regional Chair

Joanne Gregson, Regional Chair
(Right side)

Sherie Bowen, Regional Secretary





Shining the Light!

...ON PARISH COUNCILS...

St. Boniface, Maryhill



Marlene Lehman, a member from St. Boniface, Maryhill was presented the Frances Lovering 2021 Award by Diocesan President Joyce Cotter along with Council President Frances Vegh. Father Peter Meyer and Marlene's family were jubilated by the news.

2020 Frances Lovering Award winner Terry Murphy, from St. Andrew, Oakville was presented her award at the Diocesan convention by His Excellency Bishop Lobsinger while husband looks on.

St. Andrew, Oakville



Mary Mother of God, Oakville Council President Pierrette Ryan accepted the 2022 Frances Lovering Award on behalf of Olivia Gibson.



Mary Mother of God, Oakville

St. Joseph, Fergus



St. Joseph, Fergus hosted the Kitchener Regional Prayer Vigil Service for Deceased Members and Spiritual Advisors.

On April 26, 2022, Regional Prayer Vigil Services for Hanover Catholic Women's League hosted the Vigil Prayer Service for Deceased Members and Spiritual Advisors for the North Region. Many members from surrounding parish councils attended and participated. Our Blessed Mother was beautifully surrounded by flickering candles and white roses. There was a very moving procession of roses and candles carried by CWL members from northern councils. This was in coordination with a prayer for each decade from 1920 to present. The mass and service were livestreamed for members who could not attend in person. A time of fellowship followed the Mass and Vigil Prayer service. Thank you to the ladies of the Hanover CWL for hosting this special event.

Holy Family, Hanover



Happy Thanksgiving



Thanksgiving Prayer

"Dear Lord, on Thanksgiving Day, we bow our hearts to You in prayer. We give You thanks for all You have done, mostly for the gift of Jesus Christ, Your Son. For beauty in nature, in which we see Your Glory, for joy and health, friends and family. For our daily sustenance, Your mercy and care, these are the blessings You kindly share. So today we offer this response of praise with a promise to follow You all of our days. Amen."

Prayer from catholicreadings.org